

YBIKE: CAMP SKILL LEVEL ASSESSMENTS

Our bike camps are currently divided into four skill levels: two for children entering grades 3-5, and two for children entering grades 6-8. The skill levels progress as follows:

Grades 3-5	Grades 6-8
Novice (Road or Mountain)	Novice (Road or Mountain)
Intermediate (Road or Mountain)	Intermediate (Road or Mountain)
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In order to help you choose the correct camp for your child, please refer to the section of skill prerequisites listed below.

Bike Camp Skill Prerequisites

The primary requirement for every bike camp is positivity and an openness to try new things and face new challenges. Please make sure your child understands the physical and mental expectations for the camp week.

Novice Road Biking

- Able to pedal in a straight line continuously without training wheels
- Able to stop smoothly and safely
- Able to ride for periods of 2-3 hours or more continuously
- Able to ride up and down hills using a geared bicycle

Novice Mountain Biking

- Able to pedal in a straight line continuously without training wheels
- Able to stop smoothly and safely
- Able to ride up and down hills and over bumpy terrain for periods of 1-2 hours or more continuously
- Able to operate a geared bicycle smoothly, efficiently, and appropriately

Intermediate Road Biking

Same as Novice Road Biking, plus:

- Able to ride up and down hills using a geared bicycle for periods of 2 hours or more continuously
- Able to use appropriate hand signals in traffic
- Able to negotiate right-of-way appropriately at intersections

Intermediate Mountain Biking

Same as Novice Mountain Biking, plus:

- Able to safely ride a bike on terrain other than pavement (i.e. dirt, gravel, mud)
- Able to balance, steer, and stop a bicycle with great precision
- Able to ride up and down hills and over bumpy terrain for periods of 2-3 hours or more continuously