



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

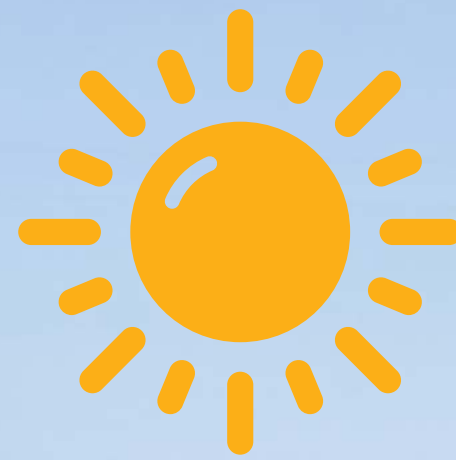
**BEST  
SUMMER  
EVER**



**Summer Camp 2017**  
**MISSION YMCA**  
**#BestSummerEver**

**iHablamos Español!**

**我哋講廣東話**



## Join the Y today.

Financial assistance available

iHablamos Español! Llama a (415)586-6900

我哋講廣東話 (415)586-6900

### INTERESTED IN RESIDENT CAMP?

Spend a week at sleep-away camp in the Santa Cruz Mountains. YMCA Camp Jones Gulch, with its acres of redwoods, is the perfect summer getaway for youth entering grades 1st-11th.

Camp offers horseback riding, swimming, crafts, sports, climbing tower, canoeing, hiking, gardening and more. The traditional campfires, camp songs, and s'mores are all part of the fun as well!

Jones Gulch High Adventure Camp provides teens in grades 6-12 with exciting opportunities in a variety of activities as they travel together through some of California's most beautiful natural areas. They also have family camps and user group facilities.

Call 650-747-1200 or visit Camp Jones Gulch online at [www.ymcasf.org/campjonesgulch](http://www.ymcasf.org/campjonesgulch).

### WHO WE ARE

The Y is the nation's leading nonprofit committed to strengthening communities through youth development, healthy living and social responsibility.

### HOW WE DO IT

We integrate our four core values of caring, honesty, respect and responsibility in everything we do. We create extraordinary memories through providing opportunities to engage in new, fun and enriching experiences.

At the Y, we help kids develop new skills and interests, interact in positive ways, and engage in healthy lifestyles while being mentored by adult role models.

### OUR IMPACT

The Y is, and always will be, dedicated to building healthy, confident, connected and secure children, adults, families and communities. Every day our impact is felt when an individual makes a healthy choice, when a mentor inspires a child, and when a community comes together for the common good.

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## BRANCH INFORMATION

### MISSION YMCA

4080 Mission Street,  
San Francisco, CA. 94112  
P: 415-586-6900

### WEBSITE

[www.ymcasf.org/mission](http://www.ymcasf.org/mission)

### OFFICE HOURS

Monday-Friday: 7:00 AM-6:30 PM  
Saturday-Sunday: Closed

## CAMP INFORMATION

### CAMP HOURS

Monday-Friday  
7:30 AM-6:00 PM

### CAMP MANAGEMENT

Maggie Gori, Camp Director  
415-452-7578 | [MGori@ymcasf.org](mailto:MGori@ymcasf.org)

Lariece Williams, Head Unit Director  
415-240-8397 | [LWilliams@ymcasf.org](mailto:LWilliams@ymcasf.org)

### CAMP BILLING CONTACT

Becky Chen  
415-452-7574 | [BChen@ymcasf.org](mailto:BChen@ymcasf.org)



# WELCOME TO CAMP!

## HELLO Y FAMILIES!

Welcome to Summer Camp! My name is Maggie Gori and I am the Camp Director for the Mission YMCA. I grew up with the YMCA in Houston, Texas and feel so fortunate to be the Director of Summer Camp in the Bay Area. This will be my first year hosting Summer Camp and my goal is to provide the most safe, fun, and diverse experience for your children so they can enjoy a summer they won't ever forget!

Camp continues to get better each year and it always has a lasting impact on the campers, counselors and volunteers that participate in the 12-week adventures. For those 12 weeks, our Y-campers will enjoy a wide range of activities and field trips involving sports, arts, tech, literacy, cooking, hiking, science, and much more!

Please reach out to me if you have any questions or would like to connect!

See you at Y-camp!



Warm Regards,  
**Maggie Gori**  
Camp Director, Mission YMCA

I'd like to welcome you and your family to the Mission YMCA where we stand for youth development, healthy living, and social responsibility.

My name is Larièce Williams, Summer Camp Head Unit Director. While you could have chosen any other summer camp for your child to attend you have made the decision to send your child to the Mission Y to fit your child and your family's needs. At the Mission Y we take pride in relationship building, diversity, community partnerships, and passionate staff.

Summer camp 2017 is going to be a FAB summer filled with Friendships, Achievements, and Belonging. Summer can and will transform a shy, and quiet child into a child that makes friends easily, learns multitude of activities, feel safe, loved, confident, and happy. As hard as it may be for parents, the Y will help make those smooth transitions!

Welcome to the Y and have a great summer!

With Great Pleasure,  
**Larièce Williams**  
Head Unit Director, Mission YMCA



# THE SUMMER TO DISCOVER

## at the Mission Y...

We have fun for everyone this summer, regardless of your age, income or background. We bring people closer together in a welcoming, supportive environment to nurture the potential of youth, promote healthy living and give back to the community.

This summer, children can learn, grow and thrive through the exhilarating fun of sports, day and specialty camps at the Y. In the midst of all the fun, they'll explore nature, find new talents, try new activities, gain independence, and make lasting friendships.

Teens can have fun socializing with their friends in a safe, positive environment while exploring interests, learning leadership skills, and discovering all they can achieve.

Plan your summer fun at the Y, and experience the impact we can make in your life and in the community.

# ABOUT Y CAMP

## THINGS WE VALUE AT CAMP

### Safety First

- Low staff-to-camper ratio
- Campers assigned to a specific leader within the camp
- Monitored sign-in/sign-out only by authorized adult
- Staff training
- Safety standards
- Fully certified charter bus drivers

### Fun, Values-based Activities

- Variety of outdoor activities
- Field trips
- Hands-on environmental experiences
- Service learning projects
- Special events
- Positive adult role models

### Parent Communication

- You will receive weekly highlight sheets with activity schedules and special reminders.
- A field trip calendar will be available by May 1<sup>st</sup>.
- You can communicate with our staff to help your child have a great experience.
- Camp Directors are available by phone or email to answer questions.
- We keep your personal information confidential.

### Restorative Practices

Incorporating restorative practices into our summer camp program is a change from policies that rely heavily on rules for behavior—and on consequences for breaking those rules—to building a community that transforms community members and repairs and restores community should conflicts, disagreements, or disputes arise.

We have integrated the following Restorative Practices components:

- Using the circle process to build community
- Shift away from traditional/punitive discipline practices
- Embrace the concept of doing things “with” one another and creating a sense of inclusion and shared responsibility
- Use restorative questions to repair harm and restore community
- Use circle process to address larger behavior issues and respond to harm

## WHY YOUR CHILD BELONGS AT YMCA SUMMER CAMP...

### Our camp experience

With more than 100 years of camping experience, YMCA camps are a safe and nurturing place, where children build self-esteem, leadership skills, and a sense of responsibility for themselves and the world around them.

### Our commitment

Your child will find the confidence for creative self-expression through songs, art, new friendships, and new adventures. We offer more than nonstop fun. Your child will learn how to apply time, talent, and energy toward a caring, honest, respectful and responsible life.

### Our leaders

Each summer our camp staff completes over 40 hours of summer camp training. We are caring, competent and experienced. Our training includes camp safety, activity planning, CPR, First Aid, and more, making your child's experience both safe and fun.

### Our pledge

We are dedicated to making your and your child's experiences at YMCA camp extraordinary. At the end of the day, your child will come home with a positive experience.

## CAMP LOCATION

### WEEKS 1-7 MONROE ELEMENTARY

260 Madrid Street | San Francisco, CA 94112

### WEEK 8-12 MISSION YMCA

4080 Mission Street | San Francisco, CA 94112

## TYPICAL SCHEDULE

### ONSITE SCHEDULE

7:30–9:00 AM	Extended Care and Drop-off
9:00–9:30 AM	Morning Assembly/Game
10:00 AM–12:00 PM	Specialty Activity/Game Rotations
12:00–12:45 PM	Lunch and Outside Structured Play
12:45–1:15 PM	Afternoon Assembly
1:15–2:45 PM	Activity/Game Rotations
2:45–3:15 PM	Group Games
3:15–3:45 PM	Afternoon Assembly
3:45–4:30 PM	Afternoon Snack
4:30–6:00 PM	Extended Care & Pick-up

Camp fees include Extended Care hours (AM/PM). Schedules may vary and will be available on a weekly basis.

### FIELD TRIP DAY SCHEDULE

Field trips generally depart at 9:00 AM and return by 4:00 PM; however, this may vary for special trips. Please check the camp calendar.

## HOW TO CREATE YOUR ONLINE MEMBERSHIP PROFILE

Set up your online membership profile today. Then you'll be ready to register online!

1. Go to [www.ymcasf.org](http://www.ymcasf.org) and click on the gear symbol at the top right of the screen.
2. Click on "Create a new account" and select the Mission YMCA from the drop-down menu. Click on the "Next" button towards the right of the screen.
3. In order to enroll in camp, you will need to select "Community Participant."
4. Enter required information and click on the "Continue" button on the bottom.

For any questions or assistance, please contact our office at 415.586.6900.

## CAMP REGISTRATION

When you register your child for camp, you will be required to provide emergency contact information and medical information. The following fields in your child's profile need to be updated:

- Name
- Address
- Email address
- Emergency contact name and phone number
- 1<sup>st</sup> authorized pick-up name and daytime phone
- 2<sup>nd</sup> authorized pick-up name and daytime phone
- Allergies
- Medications
- Any medical problems that the Y should be aware of

## FAQs (FREQUENTLY ASKED QUESTIONS)

### What should my child bring to camp?

For a typical day of camp, your child will need:

- Backpack
- Reusable water bottle
- Comfortable clothes and closed toe shoes, no sandals
- A good attitude

### Do I need to pack a lunch or snack for my child?

We provide lunch, and an afternoon snack for all campers. Lunch and snack options vary from day to day. A lunch and snack menu will be available to pick up from camp site location. Please pack a reusable water bottle.

### What if I am late picking my child up from camp?

Children who are not picked up by 6:00 PM, will be charged a \$15 late fee for any of the first 15 minutes after the end of camp. An additional \$1 per minute fee will be charged after the first 15 minutes. For example, pick-up ends at 6:00 PM, and a child is picked up at 6:10 PM. There would be a \$15 charge.

### What if my child is a few months too young to attend camp?

Camps are organized by grades versus ages. All campers must be entering the grade in the fall as listed for each camp.

### How do I ensure my camper is in the same group as his/her friend?

Camp is an important place to make new friends and develop new relationships. Camp is designed for participants to develop new friendships with their peers and we encourage parents to support this goal. However, if you still need to ensure campers are within the same group, you may provide a written note for the Unit Director of your camp on the first day. Camp staff will attempt to ensure your campers can be within the same groups, but groupings depend on ability and/or age and therefore these accommodations will not always be possible.

### Where may I turn in my medical release/liability waiver form?

Medical release/liability waiver forms are required for each camper. All medical release/liability waiver forms may be dropped off at the your camp site location during regular business hours.



# INITIATIVES

## PAYMENT INFO

### HOW TO PAY OR SCHEDULE PAYMENTS

#### To update a profile or to create a new profile:

- 1) Visit our website at [www.ymcasf.org](http://www.ymcasf.org) and log in. (see page 7 on how to create a profile).
- 2) Click on "My Account" in the links at the top right of the page. Check to make sure your contact info is updated.
- 3) If your information needs to be updated, click "Update contact information" in the contact information profile box.
- 4) To update your payment method click to the "Billing Methods" section. Select the billing method to edit and update the information as needed. Click "Submit".

#### To add a payment method:

- 1) From your online account main screen click on "Payment Method" and click "Add Credit Card" or "Add Bank Draft"
- 2) Once you have updated or added this info, click "Submit"

#### To make or schedule a payment:

- 1) From your online account main screen click "My Balance"
- 2) Click either "PAY FEES NOW" or "SCHEDULE A PAYMENT FOR A LATER DATE" (Note: payments cannot be scheduled after their due date or rescheduled if they are past due).

#### When is the balance due for camp?

The remaining balance for each camp is due 14 days prior to the start date of camp. Failure to pay balances will result in the deposit being forfeited and the camper's registration being cancelled. Please see Payment Due Dates calendar (right).

## FINANCIAL ASSISTANCE



Thanks to the generosity of our donors, financial assistance is made available to families that qualify. To see if you qualify, simply fill out an application. Applications are available at the Membership Services Desk. All financial aid applications are confidential. Please contact a Membership Specialist at 415 586 6900 for more information.

### DEPOSITS

Deposits are \$47 per camp session and are required for registration. Deposits are NON-REFUNDABLE and NON-TRANSFERABLE.

### CREDIT | REFUND POLICIES

No credits, refunds, or transfers are allowed within 14 days of the start of program for which you are registering. If you wish to make a change or cancel your registration prior to the 14-day deadline, you may choose one of the following:

1. A transfer to another YMCA program minus the deposit (registration must be available).
2. A check or credit card refund (minus the nonrefundable deposit). Check refunds can only be issued for amounts over \$20. Please allow two weeks for processing.

Before camp starts, we pay our vendors, purchase our admission tickets and supplies, and hire our staff according to the enrollment. These are the reasons for the credit/refund policies.

### PAYMENT DUE DATES

CAMP SESSION	CAMP DATES	CAMP BALANCES DUE
WEEK 1	May 30-June 2	May 16
WEEK 2	June 5-9	May 22
WEEK 3	June 12-16	May 29
WEEK 4	June 19-23	June 5
WEEK 5	June 26-30	June 12
WEEK 6	July 3-7*	June 19
WEEK 7	July 10-14	June 26
WEEK 8	July 17-21	July 3
WEEK 9	July 24-28	July 10
WEEK 10	July 31-August 4	July 17
WEEK 11	August 7-11	July 24
WEEK 12	August 14-18	July 31



### NEW PROGRAM INITIATIVES

The Y is a strong leader in Youth Development and we can help children further realize their potential if we incorporate a holistic approach in our youth programs, like day camp.

The Mission Y Camp Program is taking part in new initiatives to close the achievement gap and prevent summer learning loss. Summer is a critical time in the development of our children and we are taking steps to support every child in reaching their fullest potential. The program initiatives that will be evident throughout the summer are Summer Day Camp Upgrade (a Y-USA initiative), Thing-a-majig, and Play Learn Serve Work.

The Day Camp Upgrade Program intentionally fosters achievement, relationships, and belonging in the fun, enriching experiences at Day Camp – helping children build skills, develop strong friendships and feeling like they are a part of something great.

**CAMP PARTICIPATING:** ALL

**WEEKS:** 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12

### THINGAMAJIG

STEM is everywhere. It shapes our everyday experiences and is designing our future. It opens the doors to strategic thinking, creative expression and the best careers. At the YMCA, young people have numerous opportunities to learn, play and be inspired through STEM. The YMCA's THINGAMAJIG Invention Program is just one example of everything STEM. This summer, we will spark the inventive, creative minds of children through hands-on workshops, challenges and exhibits.



**CAMP PARTICIPATING:** ALL

**WEEK:** 7



### PLAY LEARN SERVE WORK - SUMMER CAMP WITHOUT WALLS!

Take your child's camp experience outdoors and into our National Parks. This summer, the YMCA of San Francisco- in partnership with the National Park Service- is offering a unique and exciting camp experience that will allow your child to discover why National Parks are one of America's national treasures. Open to our Adventurers and Explorers campers, PLAY, LEARN, SERVE, WORK camps will take place Week 9 July 24<sup>th</sup>-28<sup>th</sup> for 1 week-long sessions that will take campers on adventures throughout the Golden Gate National Area. Campers will not only explore iconic National Parks destinations like Muir Woods and Alcatraz, but they will also use these parks as classrooms to learn and as playgrounds for play. This week will also include opportunities to become Jr. Rangers, service learning, and a campfire complete with s'mores!

**CAMP PARTICIPATING:** ADVENTURERS & EXPLORERS

**WEEK:** 9

# DAY CAMP



## TRADITIONAL DAY CAMPS

Traditional day camp is age-specific and offers youth greater challenges with every year. Activities revolve around weekly themes and include structured and unstructured games, sports, swimming, arts and crafts, team building activities, songs, skits, and special Y events. Trips to local parks and major field trips round out each week to provide campers with Y experiences they will never forget.

### DISCOVERERS CAMP

<b>WEEKS</b>	1-12*	
<b>DATES</b>	May 30-August 18	
<b>GRADES</b>	Entering K-1	
<b>RATIO</b>	1 staff leader to 10 campers	
<b>FEE</b>	<b>Community Participant</b>	<b>Facility Member</b>
	\$237/week	\$190/week
<b>WEEK 1 &amp; 6</b>	\$190	\$152

\*No camp on 5/29/17 & 07/04/17

### ADVENTURERS CAMP

<b>WEEKS</b>	1-12*	
<b>DATES</b>	May 30-August 18	
<b>GRADES</b>	Entering 2-3	
<b>RATIO</b>	1 staff leader to 10 campers	
<b>FEE</b>	<b>Community Participant</b>	<b>Facility Member</b>
	\$237/week	\$190/week
<b>WEEK 1 &amp; 6</b>	\$190	\$152

\*No camp on 5/29/17 & 07/04/17

### EXPLORERS CAMP

<b>WEEKS</b>	1-12*	
<b>DATES</b>	May 30-August 18	
<b>GRADES</b>	Entering 4-5	
<b>RATIO</b>	1 staff leader to 10 campers	
<b>FEE</b>	<b>Community Participant</b>	<b>Facility Member</b>
	\$237/week	\$190/week
<b>WEEK 1 &amp; 6</b>	\$190	\$152

\*No camp on 5/29/17 & 07/04/17

**THE Y'S GOT TALENT**  
 Showcase Night  
 June 30<sup>th</sup>, 4:00-6:00 PM

### MOVIN' ON UP!

<b>WEEKS</b>	1-12*	
<b>DATES</b>	May 30 - August 18	
<b>GRADES</b>	Entering 6-8	
<b>RATIO</b>	1 staff leader to 10 campers	
<b>FEE</b>	<b>Community Participant</b>	<b>Facility Member</b>
	\$237/week	\$190/week
<b>WEEK 1 &amp; 6</b>	\$190	\$152

\*No camp on 5/29/17 & 07/04/17

## TRADITIONAL DAY CAMP

WEEK	THEME
*WEEK 1: May 30-June 2	Best Summer Ever!
WEEK 2: June 5-June 9	Animal Planet
WEEK 3: June 12-June 16	Artful Antics
WEEK 4: June 19-June 23	Spread Kindness
WEEK 5: June 26-June 30	Y's Got Talent
*WEEK 6: July 3-July 7	Let's Get Active
WEEK 7: July 10-July 14	STEAM
WEEK 8: July 17-July 21	Master Chef
WEEK 9: July 24-July 28	Earth & Space
WEEK 10: July 31-Aug 4	Around the World
WEEK 11: Aug 7- Aug 11	Explore Your City
WEEK 12: Aug 14-Aug 18	Beyond Camp

\*No camp on May 29 and July 4

# DAY CAMP

## WEEK 1: BEST SUMMER EVER!

Relationships are particularly effective to start or end the camp day and during transitions between activities to help build a positive camp environment. Sharing and developing the traditions, rituals, code words, and special spaces that are the essence of the camp experience.

## WEEK 2: ANIMAL PLANET

Mammals, insects, reptiles OH MY! They'll learn about wildlife and endangered species while they compare and contrast the characteristics of many common and unusual animals. Plus they'll learn how animals enrich our world.

## WEEK 3: ARTFUL ANTICS

Art encourages joyful, active learning, expresses personal connections, help understand and express abstract concepts, and builds community and help children develop collaborative work skills.

## WEEK 4: SPREAD KINDNESS

Whether it's a simple smile, or something more dramatic, any kind act you perform has the same positive effect – on both the recipient, and you.

## WEEK 5: Y'S GOT TALENT

Get into character with this fun-filled camp! Campers will create their very own play with commercial breaks, perform the marvelous show, create the sets, practice lines, and dress up! Friends and families will be invited to the performance at the end of the week.

## WEEK 6: LET'S GET ACTIVE

Kids need at least 60 minutes of active and vigorous play each day to stay healthy, and one of the easiest and most enjoyable ways to meet this goal is by playing outside. We will link children to nearby parks, trails and waters – and provide tips and ideas – "Let's Move!" can help children develop a more active lifestyle.

## WEEK 7: STEAM

Science, Technology, Engineering, Art, and Math. Campers will learn and be involved in different activities of STEAM. Everything from launching rockets to designing and building roller coasters.

## WEEK 8: MASTER CHEF

"Bite into a Healthy Lifestyle," Cooking healthy food is a great opportunity to encourage kids, staff, and families at our Y to adopt a HEPA lifestyle at home, work, and school.

## WEEK 9: EARTH & SPACE

Respecting nature, caring for our planet, taking responsibility for our actions, while being honest to ourselves. Join us as we explore all the fun facts and explore gravity, campers will learn about our solar systems and other myths our space has to share!

## WEEK 10: AROUND THE WORLD

Each day campers will mentally and visually navigate around the World to visit a different culture. Gain understanding of why San Francisco is called the "Melting Pot."

## WEEK 11: EXPLORE YOUR CITY

A crimson bridge, cable cars, a sparkling bay, and streets lined with elegant Victorian homes—San Francisco is undeniably one of the world's great cities. With so many attractions, it's sometimes hard to determine the best things to do in San Francisco with kids. Come and discover the Bay with us!

## WEEK 12: BEYOND CAMP

Anything goes theme! What game, craft, apparel choice, theme meal, evening activity, special event, song, or skit would you like do at camp?

# DAY CAMP

## SPECIALTY DAY CAMPS FOR KINDERGARTNERS

### ITTY BITTY MULTI-SPORTS CAMP

Dribble, score, and do it all! Take a week to explore the sports we are offering this summer. Our days will be filled with drills, scrimmages, other games, and team building activities. Campers will learn the importance of teamwork, good sportsmanship, and developing new skills.

<b>WEEK</b>	2 (June 5-9)	
<b>GRADES</b>	Entering Kindergarten	
<b>RATIO</b>	1 staff leader to 8 campers	
<b>FEE</b>	Community Participant \$320/week	Facility Member \$270/week

### ITTY BITTY CHEFS

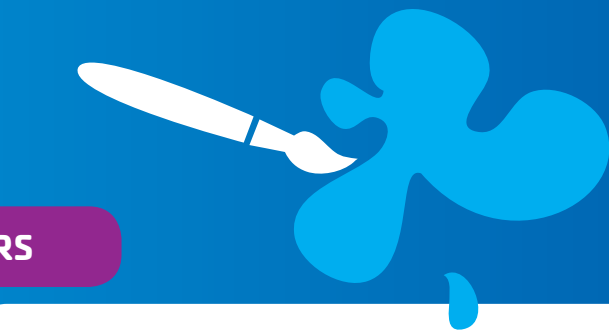
Bite into a healthy lifestyle! The Itty Bitty Chefs will be cooking healthy foods this week to encourage kids, staff, and families at our Y to adopt a HEPA (Healthy Eating and Physical Activity) lifestyle at home, work, and school.

<b>WEEK</b>	3 (June 12-16)	
<b>GRADES</b>	Entering Kindergarten	
<b>RATIO</b>	1 staff leader to 8 campers	
<b>FEE</b>	Community Participant \$320/week	Facility Member \$270/week

### ITTY BITTY TRIPLE THREAT BASKETBALL

Campers will improve fundamental skills of ball handling, shooting, passing, and footwork. They will learn offensive schemes and playing off the ball, as well as defensive strategy and technique. Teamwork and "talking to each other" are also integral parts of the game and are a focus of our program.

<b>WEEK</b>	4 (June 19-23)	
<b>GRADES</b>	Entering Kindergarten	
<b>RATIO</b>	1 staff leader to 8 campers	
<b>FEE</b>	Community Participant \$320/week	Facility Member \$270/week



### ITTY BITTY LEGO BUILDING

Power up your engineering skills with over 100,000 pieces of LEGO! Apply real world concepts in physics, engineering, and architecture through engineering designed projects such as arch bridges, skyscrapers, motorized cars, and the Battletrack! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level.

<b>WEEK</b>	5 (June 26-30)	
<b>GRADES</b>	Entering Kindergarten	
<b>RATIO</b>	1 staff leader to 8 campers	
<b>FEE</b>	Community Participant \$320/week	Facility Member \$270/week

### ITTY BITTY MOTHER NATURE

Respecting nature, caring for our planet, taking responsibility for our actions, while being honest to ourselves. Join us as we explore all the fun facts and explore gravity, as learn about our solar systems and other myths our space has to share!

<b>WEEK</b>	7 (July 10-14)	
<b>GRADES</b>	Entering Kindergarten	
<b>RATIO</b>	1 staff leader to 8 campers	
<b>FEE</b>	Community Participant \$320/week	Facility Member \$270/week



# DAY CAMP

## SPECIALTY DAY CAMPS

### LEGOS GALORE CAMP

Power up your engineering skills with over 100,000 pieces of LEGO! Apply real world concepts in physics, engineering, and architecture through engineering designed projects such as arch bridges, skyscrapers, motorized cars, and the Battletrack! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level.

<b>WEEK</b>	2 (June 5-9)	
<b>GRADES</b>	Entering 1-5	
<b>RATIO</b>	1 staff leader to 10 campers	
<b>FEE</b>	Community Participant \$370/week	Facility Member \$310/week

### AQUA ADVENTURES CAMP

A week full of H2O activities! Each day campers will experience a new water-themed field trip adventure!

<b>WEEK</b>	5 (June 26-30)	
<b>GRADES</b>	Entering 1-5	
<b>RATIO</b>	1 staff leader to 10 campers	
<b>FEE</b>	Community Participant \$360/week	Facility Member \$300/week

### ENGINEERING CAMP

STEAM is the foundation for our future, and Thing-a-ma-jig is a launch pad. We want every camper this week to walk away realizing what the sciences are, in fact, fun and part of our everyday experiences. Hands-on activities in a variety of fields such as engineering, aeronautics, botany, and medicine will allow children to develop strategic thinking and understand what a STEAM career has to offer.

<b>WEEK</b>	7 (July 10-14)	
<b>GRADES</b>	Entering 1-5	
<b>RATIO</b>	1 staff leader to 10 campers	
<b>FEE</b>	Community Participant \$295/week	Facility Member \$245/week

### PIXAR ADVENTURES

This week is dedicated to the performing arts aspect. Working individually and as a team to create and perfect a movie to be filmed. This camp will teach campers valuable skills such as teamwork, patience, and focus as they work to master their scenes together. Campers will be building strength, coordination and flexibility that films provides, but also in being able to express themselves through the screen they put forward in their individual pieces.

<b>WEEK</b>	9 (July 24-28)	
<b>GRADES</b>	Entering 1-5	
<b>RATIO</b>	1 staff leader to 10 campers	
<b>FEE</b>	Community Participant \$370/week	Facility Member \$310/week



# DAY CAMP



## SPECIALTY SPORTS DAY CAMPS

### BOWLING CAMP

Lace up your shoes and knock down the pins! Bowling Camp will teach you about the basic terms, skills, and how to add up your score! A typical day will consist of basic instruction and practice. There will also be small field trips to local bowling alleys!

<b>WEEK</b>	1 (May 30-June 2)	
<b>GRADES</b>	Entering 1-5	
<b>RATIO</b>	1 staff leader to 10 campers	
<b>FEE</b>	Community Participant \$295/week	Facility Member \$245/week

### TRIPLE THREAT BASKETBALL

Campers will improve fundamental skills of ball handling, shooting, passing, and footwork. They will learn offensive schemes and playing off the ball, as well as defensive strategy and technique. Teamwork and "talking to each other" are also integral parts of the game and are a focus of our program.

<b>WEEK</b>	3 (June 12-16)	
<b>GRADES</b>	Entering 1-5	
<b>RATIO</b>	1 staff leader to 10 campers	
<b>FEE</b>	Community Participant \$295/week	Facility Member \$245/week

### BASEBALL CAMP

While enjoying authentic game play, campers advance their understanding of each position and its importance to the success of the team. Improve outfield and infield fundamentals, base running, pitching techniques, hitting, and decision-making. Dive deep into the physical, mental, and philosophical elements of America's pastime.

<b>WEEK</b>	4 (June 19-23)	
<b>GRADES</b>	Entering 1-5	
<b>RATIO</b>	1 staff leader to 10 campers	
<b>FEE</b>	Community Participant \$295/week	Facility Member \$245/week



### SOCCER CAMP

Experience the ins and outs of soccer. Improve your dribbling, passing, trapping, and shooting. Work on ball handling skills with your non-dominant foot, learn about spacing, playing off the ball, and how your role at each position shifts as game situations change. Soccer is a game of constant transitions; learn the offensive and defensive strategies and techniques of "the beautiful game".

<b>WEEK</b>	8 (July 17-21)	
<b>GRADES</b>	Entering 1-5	
<b>RATIO</b>	1 staff leader to 10 campers	
<b>FEE</b>	Community Participant \$295/week	Facility Member \$245/week



# DAY CAMP



## TEEN LEADERSHIP DAY CAMPS



### TEEN COUNSELOR-IN-TRAINING

Want to become a camp counselor? This Counselor-In-Training (CIT) program is a fun and challenging way to spend the summer! CITs spend the first two weeks of the summer together participating in camp activities while learning and practicing leadership skills, and developing an appreciation for the importance of being a role-model in the camp community.

This two week training session includes topics such as: CPR & 1st Aid training, camp leadership, group games, public speaking, child development and a ton of other cool activities related to working in the field of youth development! CITs will also have a great time making new friends, taking exciting field trips and learning new skills. This year we will offer two opportunities to get trained to be a CIT.

CITs will need to complete one of the 2 week sessions in order to participate in any weeks of field work.

<b>SESSION 1</b>	Dates: May 30-June 9 (No training on weekends)	
<b>GRADES</b>	Entering 9-10	
<b>RATIO</b>	1 staff lead to 10 campers	
<b>FEE</b>	Community Participant \$538/session	Facility Member \$431/session

<b>SESSION 2</b>	Dates: June 12-June 23 (No training on weekends)	
<b>GRADES</b>	Entering 9-10	
<b>RATIO</b>	1 staff leader to 10 campers	
<b>FEE</b>	Community Participant \$598/session	Facility Member \$479/session

### TEEN LEADERSHIP FIELDWORK

The Fieldwork Program is an opportunity for CITs to use their leadership skills with a group of younger campers while working with the Y's incredible camp staff. CITs will experience various camp programs, assist in the daily operations of camp and receive valuable on-the-job experience that will help build a strong foundation for any career. CITs will also receive a certificate of completion of 40 hours of community service!

CITs must successfully complete the 2-week training prior to participating in the Fieldwork Program.

<b>WEEKS</b>	3-11	
<b>DATES</b>	June 12-16 June 19-23 June 26-30 July 3-7 (No camp on 7/4/17) July 10-14 July 17-21 July 24-28 July 31-August 4 August 7-11 August 14-18	

<b>GRADES</b>	Entering 9-10	
<b>RATIO</b>	1 staff leader to 10 campers	
<b>FEE</b>		

<b>Weeks</b>	<b>Community Participant</b>	<b>Facility Member</b>
3-5, 7-12	\$103/week	\$83/week
WEEK 6	\$83/week	\$67/week



**Does your teen want to become the next Y Leader? Enroll them in the Mission Y's Leadership Program!**

**Does your teen need to complete community service hours? Teen Leadership Camp helps them complete those volunteer hours!**







**MISSION YMCA**

4080 Mission Street, San Francisco, CA 94112  
415 586 6900 | www.ymcasf.org/Mission



**GUARANTEE YOUR SPOT. SIGN UP TODAY.**  
Call 415-586-6900 for details.

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# 2017 SUMMER CAMP PLANNER

WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10	WEEK 11	WEEK 12
*May 30- June 2	June 5-9	June 12-16	June 19-23	June 26-30	*July 3-7	July 10-14	July 17-21	July 24-28	July 31- August 4	August 7-11	August 14-18
<b>TRADITIONAL CAMP</b> Entering Grades K-8											
Field Trip: Park/Pump It Up	Field Trip: SF Zoo	Field Trip: Museum	Field Trip: Beach Clean Up & Food Drive	Field Trip: SF Symphony	Field Trip: Camp Jamboree	Field Trip: Thing-a-majig	Field Trip: Jelly Belly Factory	Field Trip: CA Academy of Sciences & Aquarium	Field Trip: Chinatown Tour	Field Trip: Neighborhood Excursions	Field Trip: Surprise
<b>SPECIALTY ITTY BITTY CAMP</b> Entering Kindergarten											
No Camp	Activity: Multi Sports	Field Trip: Jelly Belly Factory	Activity: Basketball Court	Activity: Play Well TEKnologies & LEGO Jeep	No Camp	Field Trip: California Academy of Sciences	No Camp	No Camp	No Camp	No Camp	No Camp
<b>SPECIALTY CAMP</b> Entering Grades 1-5											
No Camp	Activity: Play Well TEKnologies and Lego Jeep	No Camp	No Camp	Field Trip: Local Water Parks	No Camp	Field Trip: Thing-a-majig & California Academy of Sciences	No Camp	Field Trip: Pixar Animations	No Camp	No Camp	No Camp
<b>SPECIALTY SPORTS CAMP</b> Entering Grades 1-5											
Field Trip: Mission Bowl	No Camp	Field Trip: Excelsior Basketball Court	Field Trip: A's Baseball Game	No Camp	No Camp	No Camp	Field Trip: Bladium Sports Club	No Camp	No Camp	No Camp	No Camp
<b>TEEN LEADERSHIP</b> Entering Grades 9-10											
CIT Training Session 1	CIT Training Session 1	CIT Training Session 2	CIT Training Session 2	Fieldwork	Fieldwork	Fieldwork	Fieldwork	Fieldwork	Fieldwork	Fieldwork	Fieldwork

\*No camp on May 29 and July 4

Please note, all trips are subject to change due to unforeseen circumstances. (Weather, transportation, traffic, etc.)