

Presidio YMCA Youth Basketball League  
**KINDERGARTEN RULES & INFORMATION**

**Equipment**

Ball Size	Junior (Size 5, 27")
Hoop Height	6'
Court Size	~
Defense Accessories	Color coded wristbands

**Gameplay**

Game length	8 minute quarters, running clock
Mandatory substitutions	4 minute mark each quarter
Timeouts	No; Injury timeout at referee's discretion
Quarter breaks	1 minute
Halftime break	2 minutes
Score	Not recorded
Possessions	Alternating by quarter; "Home" team has first
Jumpball	No
Fouls	Team on receiving end of "foul" awarded possession

**Offense & Defense**

Traveling	Not enforced
Double Dribble	Not enforced
Free Throws	No
Defense: Half Court, Player on Player	No full court press or Zone Defense
Steals	Not allowed
Blocks	Not allowed
Unnecessary Contact	"Fouls" assessed; players separated and play reset
Double Teams	Not allowed

**Miscellaneous**

- The Kindergarten Division is aimed to introduce an environment of friendly competition where youth enjoy playing basketball with and against other players respectfully.
- Referee's role: to promote an organized flow of the game and enforce fair and safe play.
  - When players are being overly aggressive, referee will tell players/coaches to calm down.
  - Referee will signal to coaches when it is time for substitutions. Clock will not stop.
  - Out of bounds will not be strictly enforced.
  - Though not enforced, egregious traveling should not occur. Players will be gently reminded to dribble the ball.
- Games are scheduled in 1 hour time slots, therefore games must end accordingly. Referees will signal to start each game no later than 10 minutes past the scheduled start. Should a team arrive late or gameplay is otherwise delayed, the game is subject to end prior to the 4th quarter completing.

**Presidio YMCA Youth Basketball League**  
**1st Grade RULES & INFORMATION**

**Equipment**

Ball Size	Junior (Size 5, 27")
Hoop Height	8'
Court Size	~
Defense Accessories	Color coded wristbands

**Gameplay**

Game length	8 minute quarters, running clock
Mandatory substitutions	4 minute mark each quarter
Timeouts	No; Injury timeout at referee's discretion
Quarter breaks	1 minute
Halftime break	2 minutes
Score	Not recorded
Possessions	Alternating by quarter; "Home" team has first
Jumpball	No
Fouls	Team on receiving end of "foul" awarded possession

**Offense & Defense**

Traveling	Not enforced
Double Dribble	Not enforced
Free Throws	No
Defense: Half Court, Player on Player	No full court press or Zone Defense
Steals	Not allowed
Blocks	Not allowed
Unnecessary Contact	"Fouls" assessed; players separated and play reset
Double Teams	Not allowed

**Miscellaneous**

- The 1st Grade Division is aimed to provide an environment of friendly competition where youth enjoy playing basketball with and against other players respectfully.
- Referee's role: to promote an organized flow of the game and enforce fair and safe play.
  - When players are being overly aggressive, referee will tell players/coaches to calm down.
  - Referee will signal to coaches when it is time for substitutions. Clock will not stop.
  - Out of bounds will not be strictly enforced.
  - Though not enforced, egregious traveling should not occur. Players will be gently reminded to dribble the ball.
- Games are scheduled in 1 hour time slots, therefore games must end accordingly. Referees will signal to start each game no later than 10 minutes past the scheduled start. Should a team arrive late or gameplay is otherwise delayed, the game is subject to end prior to the 4th quarter completing.

Presidio YMCA Youth Basketball League  
**2nd Grade RULES & INFORMATION**

**Equipment**

Ball Size	Girls: Junior (Size 5, 27") Boys: Intermediate (Size 6, 28.5")
Hoop Height	8'
Court Size	~

**Gameplay**

Game length	8 minute quarters, running clock
Mandatory substitutions	4 minute mark each quarter
Timeouts	No; Injury timeout at referee's discretion
Quarter breaks	1 minute
Halftime break	2 minutes
Score	Not recorded
Possessions	Alternating by quarter; "Home" team has first
Jumpball	No
Fouls	Team on receiving end of "foul" awarded possession

**Offense & Defense**

Traveling	Instructionally enforced
Double Dribble	Instructionally enforced
Free Throws	No
Defense: Half Court, Player on Player	No full court press or Zone Defense
Steals	Allowed
Blocks	Allowed
Unnecessary Contact	"Fouls" assessed; players separated and play reset
Double Teams	Not allowed

**Miscellaneous**

- The 2nd Grade Division is aimed to provide an environment of friendly competition where youth enjoy playing basketball with and against other players respectfully.
- Referee's role: to promote an organized flow of the game and enforce fair and safe play.
  - When players are being overly aggressive, referee will tell players/coaches to calm down.
  - Referee will signal to coaches when it is time for substitutions. Clock will not stop.
  - Out of bounds will not be strictly enforced.
  - Though not enforced, egregious traveling should not occur. Players will be gently reminded to dribble the ball.
- Games are scheduled in 1 hour time slots, therefore games must end accordingly. Referees will signal to start each game no later than 10 minutes past the scheduled start. Should a team arrive late or gameplay is otherwise delayed, the game is subject to end prior to the 4th quarter completing.

Presidio YMCA Youth Basketball League  
**3rd Grade RULES & INFORMATION**

**Equipment**

Ball Size	Intermediate (Size 6, 28.5")
Hoop Height	10'

**Gameplay**

Game length	8 minute quarters, running clock
Mandatory substitutions	4 minute mark each quarter
Timeouts	No; Injury timeout at referee's discretion
Quarter breaks	1 minute
Halftime break	2 minutes
Score	Not recorded
Possessions	Alternating by quarter; "Home" team has first
Jumpball	No
Fouls	Team on receiving end of "foul" awarded possession

**Offense & Defense**

Traveling	Enforced
Double Dribble	Enforced
Moving Screens	Enforced at referee's discretion
Free Throws	No
Defense: Half Court, Player on Player	No full court press or Zone Defense
Steals	Allowed
Blocks	Allowed
Unnecessary Contact	"Fouls" assessed; players separated and play reset
Double Teams	Not allowed

**Miscellaneous**

- The 3rd Grade Division builds upon the fundamentals of basketball learned at the K-2nd grade levels. Game rules begin to reflect true basketball gameplay.
- Referee's role: to promote an organized flow of the game and enforce fair and safe play.
  - When players are being overly aggressive, referees will tell players/coaches to calm down.
  - Referee will signal to coaches when it is time for substitutions. Clock will not stop.
  - Out of bounds will be enforced.
- Games are scheduled in 1 hour time slots, therefore games must end accordingly. Referees will signal to start each game no later than 10 minutes past the scheduled start. Should a team arrive late or gameplay is otherwise delayed, the game is subject to end prior to the 4th quarter completing.

Presidio YMCA Youth Basketball League  
**4th & 5th Grade RULES & INFORMATION**

**Equipment**

Ball Size	Intermediate (Size 6, 28.5")
Hoop Height	10'
Court Size	84' x 50' (High School dimensions)

**Gameplay**

Game length	8 minute quarters, stopped clock only in last minute of each quarter
Substitutions	Check in at scorer's table
Timeouts	Yes; Injury timeouts at referee's discretion
Quarter breaks	1 minute
Halftime break	2 minutes
Score	Recorded
Possessions	Possession Arrow
Jumpball	Yes
Fouls	Team fouls recorded; Bonus situation upon 6th foul per half, free throws (1 and 1) awarded
Backcourt Violations	Enforced
Ball Inbounding	No time limit
Lane Violations	Enforced; Ball must hit rim on free throws

**Offense & Defense**

Traveling	Enforced
Double Dribble	Enforced
Moving Screens	Enforced at referee's discretion
Free Throws	Yes
Defense	Player on Player or Zone Defenses Allowed
Full Court Press	Not allowed in 1st Half or after a team is ahead by 15+ points
Steals	Allowed
Blocks	Allowed
Double Teams	Allowed

**Miscellaneous**

- The 4th & 5th Grade Divisions aim to preserve an environment of friendly, respectful competition, while offering a realistic basketball game with the score kept, stricter rules, and multiple referees.
- Role of the referees: To enforce rules set by Presidio YMCA YBL and promote fair and safe play.
  - Coaches are reminded to not argue with or complain to referees. If there is a dispute, please respectfully approach referee to discuss.