



EMBARCADERO YMCA

2019 Counselor in Training (C.I.T.) Internship Program

Returning Applicants only

Information Packet and Application

Please read through the entire Counselor in Training Internship information packet completing and submitting your application.

What is the Counselor in Training Internship?

The Counselor in Training (C.I.T.) Internship is a leadership program designed to develop future leaders in the realm of youth and development. Youth development is a process that prepares young people to meet the challenges of adolescence and adulthood through a coordinated, progressive series of activities and experiences that help them to become socially, morally, emotionally, physically, and cognitively competent. Youth leadership is an important part of the youth development process.

Participants in the C.I.T. Internship will develop job skills related to working with youth through a variety of duties involving activity development and implementation, group management, and public speaking. This leadership opportunity will also allow participants to further develop skills in communication, negotiation, organization, and problem solving while working with staff in seeking positive ways to enhance leadership, initiative, and responsibility among the entire camp community.

Interns must commit to a total of four weeks during the summer, which includes one week of training. Upon completion of all four weeks, each intern will receive a program completion certification with total hours of the program allocated towards high school credits. This is a great professional development opportunity for teens interested in working with youth in the future.

(Please keep this page for your records)



Requirements:

Those interested in returning to Embarcadero to participate another year in the Embarcadero YMCA's C.I.T. Internship must meet the following requirements:

- Met all of the following requirements:
 - Has participated in one summer as C.I.T Intern
 - Successfully completed 4 weeks or programming or more
 - Received a certificate of completion from a previous summer
- Entering 9th or 10th Grade in the Fall of 2018
- Able to commit to the following:
 - Training week – July 2nd – 6th (no training July 4th)
 - at least 3 additional weeks during for a minimum of 6 hours a day
- 2.50 GPA or above (report card from 2018 spring term must be submitted)
- Parent/guardian permission with full support of 4-week commitment(or more)
- Highly interested to work in the realm of youth development
- Highly motivated with a willingness to work on a team and learn from peers
- A keen sense of responsibility
- Ability to have an open mind and positive attitude
- Ability to adhere to uniform standards

Application Process

Applications will be reviewed on an on-going basis until all internship openings are filled. Please note that there is a limit to the overall number of student leaders that can be approved to participate in our summer program. You are encouraged to apply early. Please complete all sections of the application and ensure you are meeting all requirements to be considered for the program.

Please submit your completed application to Shiante Lewis, Senior Director of Community Programs, in one of the following ways:

- In person (application can be dropped off at Member Services)
- Via email to slewis@ymcasf.org
- Via mail to:

Attention: Shiante Lewis
Embarcadero YMCA
169 Steuart St.
San Francisco, CA 94105

(Please keep this page for your records)



Interview Process

Once an application is received and reviewed, qualified candidate will be notified for next steps.

Questions?

If you have any questions regarding this program, please contact Shiante Lewis, Director of Treasure Island and Youth Programs, at slewis@ymcasf.org or 415.680.9589

(Please keep this page for your records)



2019 Counselor in Training Internship Application- Returning Applicants

Please type your responses or print clearly using black or blue ink.

Name: _____

Email Address: _____

School: _____

Grade Entering Fall 2019: _____

1. Why are you interested in returning as a youth C.I.T Intern?



2. What are two successes you had in previous experience as a youth C.I.T Internship? What is one area of improvement?

3. What type of support from the internship team and Directors would you need to help the area of improvement listed above?



4. What is one thing that you have done since you last interned with the Embarcadero YMCA that has helped you build on your leadership skills?

What is one goal that you have for yourself this summer if you were to be accepted as a Youth C.I.T Intern?



Please check the box if the statement is applicable to you:

I have answered all questions honestly and to the best of my ability.

I can commit training week and three field week sessions.

My schedule permits me to be present for at least 6 hours per day during my commitment 4-week commitment.

My parent/guardian supports my summer internship interest.

My report card from 2018 - 2019 Fall/Spring Term is included.

Applicant Signature

Date

Parent Signature

Date