



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## **POINT BONITA YMCA**

### **WHAT TO EXPECT**

#### **WEATHER:**

Life in the Headlands can be windy and chilly even when sunny elsewhere. To prepare for the ever-changing weather conditions, please dress like an onion... in layers!

#### **SLEEPING ARRANGEMENTS:**

Relive the sleep-away camps of your youth by spending the weekend in our historic "military-chic" dorms. Each family will be provided their own private room furnished with twin-sized bunk beds, room capacity sizes vary but will be assigned according to the size of your family. Families should bring their own bedding (sleeping bags or sheets, pillows and blankets). Linens can be provided for each bed at an additional cost of \$30/per person and will include a fitted cover sheet, top sheet, blanket, pillow with pillow case, and bath towel. Many people choose to bring an extra blanket or two from home as the nights can be cold.

#### **BATHROOMS:**

Each dorm building has one bathroom and shower facility dedicated to single-gender usage, which may mean a short walk to the building next door for your bathroom of choice.

#### **MEALS:**

All meals are provided (Friday dinner through Sunday lunch) and our dining hall offers healthy, family-friendly options. Please help us plan delicious meals for you and your family by notifying us of any dietary restrictions or allergies. With advanced notice, we are able to accommodate vegetarian, vegan, gluten-free and most allergies.



**AMENITIES:**

A family fun room stocked with games and crafts is open from 7:00 am to 9:00 pm. Sports equipment including basketball, soccer, and playground balls, as well as ladder golf and corn hole will be available for check-out.

**HOUSE RULES:**

While you're at Family Camp, we ask that all parents/caregivers be responsible for their own children. The exception is during Adult Time/ Kids-Only Time when Y staff invite all youth ages 4-12 to hang out under staff supervision.

**PACKING LIST:**

See below for a list to get you started!

**SHARED CAMPUS:**

Our campus is a mixed use facility, which may mean that youth and/or adult groups may be on campus during the Family Camp weekends. Common spaces like the dining hall and bathrooms may be shared with others.



## GETTING HERE

### DRIVING:

One word of note on finding our campus. If you are using an app for directions, entering "Point Bonita Lighthouse" works better than using our mailing address. Using our mailing address of 981 Fort Barry in Sausalito with GPS often directs visitors to the Marin Headlands Visitors Center. Our facility is immediately adjacent to the lighthouse, so using that as your destination works best.

### PARKING:

Please park in the Y's lot, which is adjacent to our campus. You'll access the Y's parking lot after you pass the Battery Alexander parking lot and then the northern part of our campus.

**REGISTRATION:** Check-in is available on Friday, between 5:00-6:00 pm in the Discovery Room. Room assignments, program schedules and campus maps will be provided at registration. Late arrivals between 6:00-7:00 pm can check-in with the camp host in the Dining Hall. If you are unable to make the Friday registration times, Saturday morning check-ins can be scheduled with advanced notice.

## PACKING LIST

### WHAT TO BRING (partial list, please use your judgment):

Clothes & shoes appropriate for hiking and playing outdoors  
Warm layers including a windbreaker or rain jacket

Hat

Sunscreen

Pajamas

Toiletries

Bath Towel

Water Bottle

Pillow

Sleeping Bag or linens for a twin bed

Sunglasses (optional)

Day pack(optional)



### WHAT NOT TO BRING:

iPads, tablets, other tech

Tobacco products

Alcohol

Food\*, gum, candy (unless needed for dietary reasons)

Animals

### QUESTIONS?

Please contact Sean Dries at [sdries@ymcasf.org](mailto:sdries@ymcasf.org) with any questions to help you and your family have the best stay possible.