YMCA CAMP JONES GULCH
2020 PROGRAM GUIDE
#JonesGulch
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Location & Contact Info

YMCA CAMP JONES GULCH
11000 Pescadero Road
La Honda, CA 94020
www.facebook.com/campjonesgulch

Registration and Program Questions?
Email: campjonesgulch@ymcasf.net
Phone: 650-747-1200

Camp Director
Jessi Prevost, Youth & Family Director
jprevost@ymcasf.org

#JonesGulch
WHY Y CAMP?

Outrageous fun and tremendous growth—that’s what awaits you at Y Camp. At the Y, we believe children discover themselves through interactions with others and the freedom to explore. Y Camp immerses children in a community where making friends is natural, exploring new interests is encouraged, and discovering inner strength is guaranteed. Camp provides a space where children begin to gain independence and test their wings in a safe, nurturing environment.

Few environments are as special as camp, where kids become a community as they learn both how to be more independent and how to contribute to a group. The spirit of camp endures when kids are allowed to explore the natural environment, test their boundaries, and get dirty!

Y Camp teaches self-reliance and a love for nature and the outdoors. Camp develops attitudes and practices that build character and leadership—all amidst the fun of campfires, canoeing, archery, talent shows, and meaningful relationships.

Every child deserves the Y Camp experience!

YMCA Camp Jones Gulch is proud to be an ACA Accredited camp. For information regarding ACA Standards and Resources, visit www.acacamps.org.

Our Mission & Vision

We build strong kids, strong families, and strong communities by enriching the lives of all people through spirit, mind, and body.

Using the vibrant beauty of our own 927-acre property as well as the breadth of dramatic natural areas throughout California, YMCA Camp Jones Gulch will ensure that kids of all ages, and families of all configurations, experience the outdoors. Camp provides pathways for discovery, inquiry, inspiration, exploration, and the art of making friends.

We Welcome All

We work to ensure that everyone, regardless of ability, age, cultural background, ethnicity, faith, gender identity, ideology, income, national origin, race, or sexual orientation has the opportunity to reach their fullest potential.

Transportation Options

Camp Jones Gulch offers transportation services for $45 each way to and from the following locations:**

- Stonestown YMCA - 333 Eucalyptus Dr., San Francisco
- Peninsula Family YMCA - 1877 S Grant St., San Mateo
- Downtown Berkeley YMCA - 2001 Allston Way, Berkeley
- EM Downer YMCA - 263 S 20th St., Richmond

**There is no transportation offered during Sessions 2 and 6, and no drop off on August 7.

REGISTER AT: www.ymcasf.org/cjg-summer
ABOUT THE GULCH

YMCA Camp Jones Gulch is located in the Santa Cruz Mountains, just outside of La Honda, California. We are an hour’s drive from San Francisco or San Jose and 45 minutes from Santa Cruz. The Pacific Ocean is just minutes down the road.

In 1857, the pioneer for whom Jones Gulch is named acquired this property for lumbering purposes. Before the 1930’s our land was owned by Mrs. S.M. Black, who was looking to sell her property to a non-profit organization to create a camp for boys and girls.

In 1934, Richard Perkins, the General Secretary of the YMCA of San Francisco, negotiated a deal with Mrs. Black for the 927 acres of redwood forests and meadows. Over the years, a variety of facilities have been added to the camp, using approximately 200 acres and leaving the remaining land natural.

YMCA Camp Jones Gulch has become a facility where thousands of children and adults come each year to experience the natural beauty and history preserved on this site.

Connecting with nature, and each other, since 1934.

OUR STAFF

Our greatest resource is our staff. YMCA Camp Jones Gulch operates year-round, which allows us to maintain great program, food service, property, and administrative staff.

During the Overnight Camp program, we maintain a 1:6 staff to camper ratio for our younger campers and a 1:8 ratio for our older campers. Camp staff are carefully screened and complete an intense training program that is designed to foster a safe and fun environment for your child. All of our staff are first aid and CPR certified.

While many of our staff come from the Bay Area, we also attract staff from across the U.S. and around the world. Our staff come from a variety of life experiences and backgrounds.

Employment (Ages 18+)

Spend your summer living in cabins in the redwoods and enriching the camp experience of youth! Paid staff training, competitive salary, room and board, and an amazing community are included! Various positions are available.

To apply online: visit www.ymcasf.org/campjobs
A DAY IN THE LIFE OF CAMP

A week or two of summer camp at The Gulch will be the highlight of your child’s summer. Send them to an emotionally and physically safe environment fostered by highly trained staff. Introduce your 6-9 year old to summer overnight camp with our 4-day Mini Camp sessions.

Campers will try new activities and meet other kids from the Bay Area and throughout the world. We infuse the core values of Honesty, Caring, Respect, and Responsibility into the whole experience. You’ll see positive growth from just one week in our home among the redwoods. We structure most of our cabins with ten children and at least two great counselors. Our days are full of activities, some scheduled and some that the campers get to choose for themselves.

Meals: Our dining hall staff serves three well-balanced meals each day. Campers shouldn’t forget their crazy hat or weird clothes to dress themselves and their counselor during dress up meals. A vegetarian option is available at every meal and we are able to accommodate most dietary needs. Please make a note of them at registration.

Evenings: Nights at YMCA Camp Jones Gulch are filled with fun. Campers participate in campfire programs, an overnight sleep-out under the stars, and other social events. Each night, our counselors lead an organized reflection with the cabin group, a powerful tool that ties together all of the day’s experiences.

Visit us to see camp for yourselves: meet staff, ask questions, and see the cabins. Check our website or give us a call to schedule a tour. We hope to see you here soon!

A Typical Day at Camp

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30</td>
<td>Rise and Shine</td>
</tr>
<tr>
<td>8:00</td>
<td>Breakfast</td>
</tr>
<tr>
<td>8:45</td>
<td>Inspiration</td>
</tr>
<tr>
<td>9:00</td>
<td>Cabin Clean-Up</td>
</tr>
<tr>
<td>9:30</td>
<td>Cabin Activity 1</td>
</tr>
<tr>
<td>10:45</td>
<td>Cabin Activity 2</td>
</tr>
<tr>
<td>12:00</td>
<td>Lunch</td>
</tr>
<tr>
<td>1:00</td>
<td>Siesta</td>
</tr>
<tr>
<td>2:00</td>
<td>Cabin Activity 3</td>
</tr>
<tr>
<td>3:15</td>
<td>Cabin Activity 4</td>
</tr>
<tr>
<td>4:30</td>
<td>Cabin Activity 5</td>
</tr>
<tr>
<td>6:00</td>
<td>Dinner</td>
</tr>
<tr>
<td>7:00</td>
<td>Twilight Games</td>
</tr>
<tr>
<td>8:00</td>
<td>Evening Program</td>
</tr>
<tr>
<td>9:30</td>
<td>Reflection</td>
</tr>
<tr>
<td>10:00</td>
<td>Lights Out</td>
</tr>
</tbody>
</table>

Activities

- Canoeing
- Archery
- Swimming
- Zip-line
- 42’ Climbing Tower
- Mountain Biking
- Nature Hikes & Learning
- Garden
- Group Sports
- Disc Golf
- Ping-Pong
- Arts & Crafts
- Dress-Up Meals
- Campfires & S’mores
- Sleep Under the Stars
- Camp Store

CAMP LOCATIONS

Most camps are located at YMCA Camp Jones Gulch, 11000 Pescadero Road, La Honda, CA 94020.

Coastal Camp is located at Point Bonita YMCA, 981 Fort Barry, Sausalito, CA 94965.

Teen Adventure Trips and BOLD & GOLD Backpacking typically meet at Camp Jones Gulch and then travel to their destination. Campers will be notified if their trip has a different meeting spot.

REGISTER AT: www.ymcasf.org/cjg-summer
YOUTH CAMP
Entering Grades 1–10

Traditional Overnight Camp
This program is packed full of fun activities with plenty of time for making new friends. With attentive and well-trained staff, campers will enjoy participating in all camp has to offer including swimming, archery, canoeing, climbing the rock wall, shooting down the zip-line, arts & crafts, guided hikes, campfires, sports, camp-outs, and so much more. Weeks are themed so campers can immerse themselves in their love of Pirates, Myths & Legends, and more. Theme dates are listed on the calendar (pg 10). Drop-off for this program is on Sunday and pickup occurs Friday afternoon!

<table>
<thead>
<tr>
<th>Dates</th>
<th>June 14-18*, June 28-July 17, July 26-Aug 7</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades</td>
<td>Entering 3rd - 10th</td>
</tr>
<tr>
<td>Fee</td>
<td>6 Days, 5 Nights; $840/week</td>
</tr>
</tbody>
</table>

*Note: Session 1 is one day shorter than the others. Pickup is on Thursday, June 18th. The price is $770 for a 5 day session.

Check out our Coastal Overnight Camps under Specialty Camps on page 8 for programming June 21-26 and July 19-24.

Day Camp
Come and join YMCA Camp Jones Gulch for the day. Participate in all of our regular camp activities such as archery, canoeing, corral rides and more! Day Camp is offered Monday – Thursday from 9:30am – 4:30pm for campers who wish to go home each night. There is no day camp during sessions 2 & 6.

<table>
<thead>
<tr>
<th>Dates</th>
<th>June 15-18, July 6-16, July 27-August 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades</td>
<td>Entering 1st - 3rd</td>
</tr>
<tr>
<td>Fee</td>
<td>4 Days, $245/week</td>
</tr>
</tbody>
</table>

Mini Camp
Mini Camp offers a slightly shorter session where younger and first-time campers can sample the camp experience and all of the fun activities. Some sessions are 3-days and some are 4-days long. Campers will be sure to try new things, make new friends, and have so much fun during these short sessions packed full of activities.

<table>
<thead>
<tr>
<th>Dates</th>
<th>July 12-14, July 15-17</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades</td>
<td>Entering 1st - 3rd</td>
</tr>
<tr>
<td>Fee</td>
<td>3 Day, 2 Nights, $425/week</td>
</tr>
</tbody>
</table>

FINANCIAL ASSISTANCE IS AVAILABLE THANKS TO OUR DONORS.
Awards are based on the number of people in your household, total household income, and other unique family circumstances. Apply today at www.ymcasf.org/campjonesgulch/fa
TEEN LEADERSHIP
Ages 13 and Up

Leaders in Service
In this all new program, teens develop leadership skills while working with their peers. Participants bond over low and high ropes course elements, learn various leadership styles, and work together to complete a service project to benefit camp. Upon completion of the program, campers are awarded 40 community service hours.

<table>
<thead>
<tr>
<th>Dates</th>
<th>June 14 - 18</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades</td>
<td>Entering 8th - 11th</td>
</tr>
<tr>
<td>Fee</td>
<td>5 Days, 4 Nights; $685/week</td>
</tr>
</tbody>
</table>

Counselor in Training I
Formerly known as Leaders in Training, Counselor in Training I helps 15 year-old campers develop into responsible leaders at camp and in their communities. CIT I participants enjoy traditional camp activities, learn leadership theory, conquer team building challenges, and complete at least one large service project.

| Dates       | Session 4/5: July 5 - 17  
               Session 7/8: July 26 - Aug. 7 |
<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>15 years old by June 1st, 2020</td>
</tr>
<tr>
<td>Fee</td>
<td>13 Days, 12 Nights; $1415/session</td>
</tr>
</tbody>
</table>

Counselor in Training II
Counselor in Training II (CIT II) is for 16 year-old campers who wish to be a camp counselor some day. CITs participate in a mini staff training and then spend their second week working directly with our counselors in a cabin full of younger campers. As part of the enrollment process, campers will be interviewed prior to arrival. YMCA Staff will reach out to schedule your interview in May or June.

| Dates       | Session 4/5: July 5 - 17  
               Session 7/8: July 26 - Aug. 7 |
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>16 years old by June 1st, 2020</td>
</tr>
<tr>
<td>Fee</td>
<td>13 Days, 12 Nights; $945/session</td>
</tr>
</tbody>
</table>

Wrangler in Training (WIT)
Similar to our CIT II program. WITs participate in a mini staff training their first week, but they also learn horse-care skills. During their second week, WITs work directly with counselors in a cabin of our horse campers and help teach their campers horse-care and riding techniques.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Session 4/5: July 5 - 17</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>16 years old by June 1st, 2020</td>
</tr>
<tr>
<td>Fee</td>
<td>13 Days, 12 Nights; $945/session</td>
</tr>
</tbody>
</table>

Junior Lifeguard
Junior Lifeguards learn the knowledge and skills necessary to be a lifeguard and professional rescuer. Campers may obtain certification in American Safety & Health Institute (ASHI) courses: CPR, Basic First Aid, and Emergency Oxygen Administration. Participants can garner more experience in and around water, or take the exam to become certified. Participants must know how to swim. Contact us to learn more swim ability requirements.

<table>
<thead>
<tr>
<th>Dates</th>
<th>July 5 - 10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>16-17 years old by June 1st, 2020</td>
</tr>
<tr>
<td>Fee</td>
<td>6 Days, 5 Nights; $605</td>
</tr>
</tbody>
</table>

Junior Counselor
Junior Counselor, the final step prior to becoming camp counselors, is a volunteer position for 17 year-olds. Junior Counselors go through a 1-week training course alongside camp staff, and then volunteer in cabin during a 2-week session over the course of the summer. To apply, send a cover letter (introducing yourself and stating why you want to volunteer at camp) and a resume to Jessi Prevost, jprevost@ymcasf.org. No registration form necessary. All applicants will go through an interview process to determine acceptance into this competitive program.

| Dates       | Session 4/5: July 5 - 17  
               Session 7/8: July 26 - Aug. 7 |
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>16 years old by June 1st, 2020</td>
</tr>
<tr>
<td>Fee</td>
<td>13 Days, 12 Nights; $945/session</td>
</tr>
</tbody>
</table>

REGISTER AT: www.ymcasf.org/cjg-summer
### Horse Camp
Learn how to ride or improve your current riding skills. This camp focuses on Western Riding and includes group riding lessons, basic horse-care and grooming. Riders will help take care of the horses, go out on trail rides, and participate in traditional camp activities such as canoeing, riding down the zip-line, and climbing the rock wall. Beginners welcome! Campers will be split into different groups based on their age.

<table>
<thead>
<tr>
<th>Fee</th>
<th>6 Days, 5 Nights; $940/week</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades</td>
<td>Entering 4th - 11th</td>
</tr>
<tr>
<td>Dates</td>
<td>Session 1: June 14 - 18*</td>
</tr>
<tr>
<td></td>
<td>Session 3: June 28 - July 3</td>
</tr>
<tr>
<td></td>
<td>Session 4: July 5 - 10</td>
</tr>
<tr>
<td></td>
<td>Session 5: July 12 - 17</td>
</tr>
<tr>
<td></td>
<td>Session 7: July 26 - 31</td>
</tr>
<tr>
<td></td>
<td>Session 8: Aug 2 - 7</td>
</tr>
</tbody>
</table>

*Note: Session 1 is one day shorter than the others. Pickup on Thursday, June 18th. The price is $800 for a 5 day session.*

### Y Rangers Overnight Coastal Camp
Join us for this exciting twist on our Traditional Overnight Camp experience! A partnership between the YMCA and the National Park Service, this week of camp takes place on the Pacific Coast at our sister camp, YMCA Point Bonita, in the Marin Headlands. Campers will explore the Golden Gate National Recreation Area, meet park rangers, visit the historic Point Bonita Lighthouse, kayak on the Bay and take part in other outdoor adventures while enjoying all of the traditions of the Y’s overnight camp experience.

<table>
<thead>
<tr>
<th>Fee</th>
<th>6 Days, 5 Nights; $840/week</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades</td>
<td>Entering 3rd - 10th</td>
</tr>
<tr>
<td>Dates</td>
<td>Session 2: June 21 - 26</td>
</tr>
<tr>
<td></td>
<td>Session 6: July 19 - 24</td>
</tr>
</tbody>
</table>

### Hayward-La Honda Music Camp
This music camp is organized to challenge students in a variety of creative pursuits and is devoted to the development of musicianship for students grades 6-12. This is accomplished through a program of study, concentrated rehearsal, performance, and general camp life.

For more information, please visit our partner at www.lahondamusycamp.org.

Camp Dates: July 18 – 25, 2020
TEEN ADVENTURE
Entering Grades 7-12

Whitewater Rafting
In a high adrenaline adventure, thrill seeking teens rally inflatable rafts down the Middle Fork and South Fork of the American River. Experience impressive rapids down miles of crystal clear water. When not rafting, we will explore James Marshall Park, learn camping, develop teamwork skills, and enjoy access to a beautiful swimming pool and natural river swimming hole. Swimming proficiency is recommended but not mandatory.

<table>
<thead>
<tr>
<th>Fee</th>
<th>6 Days, 5 Nights; $1120/week</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades</td>
<td>Entering 7th - 12th (Age 17 Max)</td>
</tr>
</tbody>
</table>
| Dates   | Session 3: June 28 – July 3  
Session 5: July 12 – 17 |

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Awards are based on the number of people in your household, total household income, and other unique family circumstances. Apply today at www.ymcasf.org/campjonesgulch/fa

REGISTER AT: www.ymcasf.org/cjg-summer
# 2020 CALENDAR

## April
- **Volunteer Work Day**
  - April 19
- **Spring Spectacular**
  - April 11

## May
- **Women’s Weekend Getaway**
  - May 1 - 3
- **Memorial Day Family Camp**
  - May 22-25

## June – August

### Session 1
- June 14-18
  - (Sun-Thurs Only)
- **Day Camp**
  - Entering Grades 1 - 5
  - Under the Sea
  - Pirate Week
  - Intergalactic
  - Western Week
  - Heroes & Villains
  - Time Travelers

### Session 2
- June 21-26
  - **Mini Camp**
  - Entering Grades 1 - 3
  - Under the Sea
  - Pirate Week
  - Western Week
  - Time Travelers

### Session 3
- June 28-July 3
- **Overnight Camp**
  - Entering Grades 3 - 10
  - Under the Sea
  - Myths & Legends Pt Bonita YMCA
  - Pirate Week
  - Intergalactic
  - Western Week
  - Flora & Fauna Pt Bonita YMCA
  - Heroes & Villains
  - Time Travelers

### Session 4
- July 5-10
- **Specialty Camps**
  - Horse Camp (Grades 4 - 11)
  - Coastal Camp (Grades 3 - 10)
  - Point Bonita Coastal Camp
  - Horse Camp
  - Horse Camp
  - Point Bonita Coastal Camp
  - Horse Camp
  - Horse Camp

### Session 5
- July 12-17
- **Specialty Camps**
- **Overnight Camp**
  - Entering Grades 3 - 10
- **Day Camp**
  - Entering Grades 1 - 5

### Session 6
- July 19-24
- **Specialty Camps**
- **Overnight Camp**
  - Entering Grades 3 - 10
- **Day Camp**
  - Entering Grades 1 - 5

### Session 7
- July 26-31
- **Specialty Camps**
- **Overnight Camp**
  - Entering Grades 3 - 10
- **Day Camp**
  - Entering Grades 1 - 5

### Session 8
- Aug 2-7
- **Specialty Camps**
- **Overnight Camp**
  - Entering Grades 3 - 10
- **Day Camp**
  - Entering Grades 1 - 5

## Special Events
- **Volunteer Work Day**
  - April 19
- **Spring Spectacular**
  - April 11
- **Women’s Weekend Getaway**
  - May 1 - 3
- **Memorial Day Family Camp**
  - May 22-25

## Month-by-Month
- **April**
  - April 19: Volunteer Work Day
  - April 11: Spring Spectacular
- **May**
  - May 1 - 3: Women’s Weekend Getaway
  - May 22-25: Memorial Day Family Camp

## June – August
- **Day Camp**
  - Entering Grades 1 - 5
  - Under the Sea
  - Pirate Week
  - Intergalactic
  - Western Week
  - Heroes & Villains
  - Time Travelers

- **Mini Camp**
  - Entering Grades 1 - 3
  - Under the Sea
  - Pirate Week
  - Western Week
  - Time Travelers

- **Overnight Camp**
  - Entering Grades 3 - 10
  - Under the Sea
  - Myths & Legends Pt Bonita YMCA
  - Pirate Week
  - Intergalactic
  - Western Week
  - Flora & Fauna Pt Bonita YMCA
  - Heroes & Villains
  - Time Travelers

- **Specialty Camps**
  - Horse Camp (Grades 4 - 11)
  - Coastal Camp (Grades 3 - 10)
  - Point Bonita Coastal Camp
  - Horse Camp
  - Horse Camp
  - Point Bonita Coastal Camp
  - Horse Camp
  - Horse Camp

## June – August
- **Day Camp**
  - Entering Grades 1 - 5
  - Under the Sea
  - Pirate Week
  - Intergalactic
  - Western Week
  - Heroes & Villains
  - Time Travelers

- **Mini Camp**
  - Entering Grades 1 - 3
  - Under the Sea
  - Pirate Week
  - Western Week
  - Time Travelers

- **Overnight Camp**
  - Entering Grades 3 - 10
  - Under the Sea
  - Myths & Legends Pt Bonita YMCA
  - Pirate Week
  - Intergalactic
  - Western Week
  - Flora & Fauna Pt Bonita YMCA
  - Heroes & Villains
  - Time Travelers

- **Specialty Camps**
  - Horse Camp
  - Point Bonita Coastal Camp
  - Horse Camp
  - Horse Camp
  - Point Bonita Coastal Camp
  - Horse Camp
  - Horse Camp
<table>
<thead>
<tr>
<th>Session 1</th>
<th>Session 2</th>
<th>Session 3</th>
<th>Session 4</th>
<th>Session 5</th>
<th>Session 6</th>
<th>Session 7</th>
<th>Session 8</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 14-18 (Sun-Thurs Only)</td>
<td>June 21-26</td>
<td>June 28-July 3</td>
<td>July 5-10</td>
<td>July 12-17</td>
<td>July 19-24</td>
<td>July 26-31</td>
<td>Aug 2-7</td>
</tr>
</tbody>
</table>

### Teen Leadership

**Leaders in Service**
(Grades 8 - 11)

<table>
<thead>
<tr>
<th>Ages 13 - 17</th>
</tr>
</thead>
<tbody>
<tr>
<td>Counselor in Training I (Age 15)</td>
</tr>
<tr>
<td>Counselor in Training II (Age 16)</td>
</tr>
<tr>
<td>Wrangler in Training (Age 16)</td>
</tr>
<tr>
<td>Junior Lifeguard (Age 16-17)</td>
</tr>
</tbody>
</table>

### Teen Adventure

**Rock Climbing Specialty**
Grades 7-11

<table>
<thead>
<tr>
<th>Surf Camp Grades 7-12</th>
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</thead>
<tbody>
<tr>
<td>White Water Rafting (A) Grades 7-12</td>
</tr>
<tr>
<td>Santa Cruz Mtn Adventure Grades 9-12</td>
</tr>
<tr>
<td>White Water Rafting (B) Grades 7-12</td>
</tr>
<tr>
<td>Lake Tahoe Expedition Grades 7-12</td>
</tr>
<tr>
<td>Super Camp Grades 7-11</td>
</tr>
<tr>
<td>Yosemite Rock Climbing Grades 8-12</td>
</tr>
</tbody>
</table>

### Entering Grades 7 - 12

**Teen Leadership**
Ages 13 - 17

**Counselor in Training I (Age 15)**
**Counselor in Training II (Age 16)**
**Wrangler in Training (Age 16)**
**Junior Lifeguard (Age 16-17)**

**Teen Adventure**
Entering Grades 7 - 12

- **Rock Climbing Specialty** Grades 7-11
- **Surf Camp** Grades 7-12
- **White Water Rafting (A)** Grades 7-12
- **Santa Cruz Mtn Adventure** Grades 9-12
- **White Water Rafting (B)** Grades 7-12
- **Lake Tahoe Expedition** Grades 7-12
- **Super Camp** Grades 7-11
- **Yosemite Rock Climbing** Grades 8-12

**BOLD & GOLD Backpacking**
Entering Grades 7 & Up

- **Intro to Backpacking** Grades 7-9
- **Henry Coe Backpacking** Grades 7-11
- **Desolation Wilderness** June 28-July 6 Grades 9-12
- **Yosemite Backpacking** Grades 8-12
- **Point Reyes Expedition** Grades 7-11
- **Big Basin Skyline to Sea** Grades 8-12
- **Yosemite Backpacking Teens: Grades 8-12 Adults: Ages 18-24**

### September

- **Labor Day Family Camp**
  Sept. 4 -7

### October

- **Autumn Magic Family Camp**
  Oct. 16-18

- **Halloween Spooktacular**
  TBD

### December

- **Christmas in the Redwoods**
  Dec. 12

**REGISTER ONLINE!**

[www.ymcasf.org/cjg-summer]
TEEN ADVENTURE TRIPS
Entering Grades 7-12

Rock Climbing Specialty
Spend two days honing your climbing skills at our climbing wall and ropes course here at Camp Jones Gulch. The week culminates with a field trip to Castle Rock State Park for a day of climbing on real rocks with professional instructors. When not climbing, participants will have the opportunity to participate in some of our traditional overnight camp activities.

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<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>Dates</td>
<td>June 14 - 18</td>
</tr>
<tr>
<td>Grades</td>
<td>Entering 7th - 11th</td>
</tr>
<tr>
<td>Fee</td>
<td>5 Days, 4 Nights; $850</td>
</tr>
</tbody>
</table>

Surf Camp
Surf Campers will travel with YMCA Lifeguards and Staff to Surf School Santa Cruz and spend each day catching waves at beautiful beaches on the northern end of the Monterey Bay. Learn the skills you need to paddle, pop-up, and balance by day and enjoy group bonding, team-building, and fun each evening. The group will stay in supervised rooms at Camp Santa Cruz and enjoy a thrilling visit to the Santa Cruz Beach Boardwalk. Participants must be able to swim.

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<tbody>
<tr>
<td>Dates</td>
<td>June 21 - 26</td>
</tr>
<tr>
<td>Grades</td>
<td>Entering 7th - 12th (Age 17 Max)</td>
</tr>
<tr>
<td>Fee</td>
<td>6 Days, 5 Nights; $1090</td>
</tr>
</tbody>
</table>

Santa Cruz Mountains Adventure
In this all new program, campers will bond as a team at our low and high ropes course, bike to a beach camp-out in Half Moon Bay, and kayak on the ocean, all just a short distance from Camp Jones Gulch! If your camper is looking for a fun challenge and adventure close to home, look no further. Participants must know how to ride a bike.

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<tbody>
<tr>
<td>Dates</td>
<td>July 5 - 10</td>
</tr>
<tr>
<td>Grades</td>
<td>Entering 9th - 12th (Age 17 Max)</td>
</tr>
<tr>
<td>Fee</td>
<td>6 Days, 5 Nights; $940</td>
</tr>
</tbody>
</table>

FINANCIAL ASSISTANCE IS AVAILABLE THANKS TO OUR DONORS.
Awards are based on the number of people in your household, total household income, and other unique family circumstances. Apply today at www.ymcasf.org/campjonesgulch/fa
TEEN ADVENTURE TRIPS
Entering Grades 7-12

Yosemite Rock Climbing
Join us for the adventure of a lifetime! Camp Jones Gulch is teaming up with Yosemite Mountaineering School to bring you a trip to remember. Participants will practice knots, belaying, and climbing techniques at our climbing tower at camp before joining the professional climbing instructors on the cliffs of Yosemite National Park. You will climb, explore, and camp at California’s national treasure.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Aug 2 – 7</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades</td>
<td>Entering 8th – 12th (Age 17 Max)</td>
</tr>
<tr>
<td>Fee</td>
<td>6 Days, 5 Nights; $1060</td>
</tr>
</tbody>
</table>

Super Camp
Super Camp includes a busy schedule of high adrenaline fun. It all starts with a ropes course day for teens to develop friendships and leadership skills. Campers will enjoy the daredevil water slides at Raging Waters, thrill seeking at Paramount’s Great America in San Jose, and an evening of fun at Santa Cruz’s Beach Boardwalk. The week also includes a visit to the Monterey Bay National Marine Sanctuary and a barbecue and overnight on the beach.

<table>
<thead>
<tr>
<th>Dates</th>
<th>July 26 – 31</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades</td>
<td>Entering 7th – 11th</td>
</tr>
<tr>
<td>Fee</td>
<td>6 Days, 5 Nights; $995</td>
</tr>
</tbody>
</table>

Lake Tahoe Expedition
Campers will spend four nights camping near the majestic waters of Lake Tahoe. On each day of the week, a new adventure awaits: enjoying a guided kayaking excursion on the lake, taking in the beautiful forests nearby on a day hike, or boosting up the adrenaline on a sweet mountain biking ride. When not out adventuring, campers and staff will cook meals together, swim in the lake, and bond as a group.

<table>
<thead>
<tr>
<th>Dates</th>
<th>July 19 – 24</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades</td>
<td>Entering 7th – 12th (Age 17 Max)</td>
</tr>
<tr>
<td>Fee</td>
<td>6 Days, 5 Nights; $1010</td>
</tr>
</tbody>
</table>

REGISTER AT: www.ymcasf.org/cjg-summer
On your BOLD & GOLD Expedition, expect to....

- Carry a large backpack full of personal items, food, and group gear, for about 5 miles each day.
- Experience some of the most beautiful views in the world.
- Be challenged physically and emotionally.
- Rinse off your body in refreshing creeks (no showers).
- Bond with, support, and sometimes lead a group of 5-10 peers and 2 instructors.
- Develop and practice new outdoor and leadership skills.
- Poop and pee in the woods.
- Embrace a challenging experience that will be both more rewarding and less comfortable than everyday life.
- Finish each day with feeling joyful, exhausted, connected to nature and your peers, and the soreness on the bottom of your feet.
a wilderness-based leadership development program for diverse groups of teens
BOLD & GOLD
Boys & Girls Outdoor Leadership Development

Intro to Backpacking
Come experience the beauty of Camp’s back yard on this 5-day all gender trip throughout Camp Jones Gulch and the surrounding area. Campers will backpack from Camp to the Sierra Club’s Hiker’s Hut and trail camps in Pescadero Creek County Park. Participants will learn backcountry cooking, navigation, and leadership while exploring redwood forests and beautiful vistas.

| All Gender | June 14 - 18 |
| Grades     | Entering 7th - 9th |
| Fee        | 5 Days, 4 Nights; $730 |

Henry Coe State Park
After preparing for your trip here at Camp Jones Gulch, travel to nearby Henry Coe State Park, known for its flowing creeks and spring wildflowers. We’ll spend four nights and five days hiking in Henry Coe’s 23,000 acre wilderness area, cooling off in refreshing creeks, bonding as a group and becoming ever stronger leaders.

| BOLD (Boys) | June 21 - 26 |
| GOLD (Girls)| June 21 - 26 |
| Grades      | Entering 7th - 11th |
| Fee         | 6 Days, 5 Nights; $890 |

Desolation Wilderness of Lake Tahoe
We’ll begin our trip on the stunning shores of Lake Tahoe before hiking up into the majestic mountains of the Desolation Wilderness. Participants can look forward to cooling off mid-day at one of the many alpine lakes, camping in beautiful sites, and experiencing the adventure and tranquility of true wilderness.

| BOLD (Boys) | June 28 – July 6 |
| GOLD (Girls)| June 28 – July 6 |
| Grades      | Entering 9th - 12th (Age 17 Max) |
| Fee         | 10 Days, 9 Nights; $1330 |

FINANCIAL ASSISTANCE IS AVAILABLE THANKS TO OUR DONORS.
Awards are based on the number of people in your household, total household income, and other unique family circumstances.
Apply today at www.ymcasf.org/campjonesgulch/fa
Yosemite Backpacking

Explore the majestic backcountry of Yosemite and take in the incredible ecosystems tucked away from the crowds! Each day, we’ll hike 5-8 miles in one of the country’s oldest and most famous national parks. Each night, we’ll set up camp in barely touched, truly natural areas. Campers will learn high sierra backpacking skills while exploring refreshing creeks, incredible granite formations, and breathtaking views.

<table>
<thead>
<tr>
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<th>Fee</th>
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<tbody>
<tr>
<td>BOLD (Boys)</td>
<td>July 12 - 17</td>
<td>6 Days, 5 Nights; $915</td>
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<tr>
<td>GOLD (Girls)</td>
<td>July 12 - 17</td>
<td>6 Days, 5 Nights; $915</td>
</tr>
<tr>
<td>All Gender</td>
<td>Aug 2 - 7</td>
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<tr>
<td>Grades</td>
<td>Entering 8th - 12th (Age 17 Max)</td>
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Point Reyes Expedition

Whether you are brand new to backpacking or have put many miles behind you, Point Reyes will not disappoint! After spending an overnight at Camp, we’ll travel to beautiful Point Reyes National Seashore to spend four nights in the wilderness, hiking approximately 5-6 miles per day and developing outdoor leadership skills. Each night, we will set up camp at a backcountry campsite either in the forest or along the coast.

<table>
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<tr>
<td>BOLD (Boys)</td>
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<td>6 Days, 5 Nights; $890</td>
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Big Basin, Skyline-To-Sea

Join us for an unforgettable experience that will challenge you and help you develop your leadership and outdoors potential! Campers will spend one night at Camp Jones Gulch before embarking on a 5-day backpacking trip starting at our camp, traveling through beautiful old growth redwoods, and culminating at the Pacific Ocean!

<table>
<thead>
<tr>
<th>Grade</th>
<th>Dates</th>
<th>Fee</th>
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<tbody>
<tr>
<td>BOLD (Boys)</td>
<td>July 26 - 31</td>
<td>6 Days, 5 Nights; $860</td>
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<tr>
<td>GOLD (Girls)</td>
<td>July 26 - 31</td>
<td>6 Days, 5 Nights; $860</td>
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REGISTER AT: www.ymcasf.org/cjg-summer
NEW IN 2020

We’re excited to announce some upcoming changes to our programming for this summer!

- **Gender At Camp:** As we work to provide as inclusive of a camp experience as possible, we will continue to offer campers of any age group the option of staying in either all gender cabin or in a cabin with only campers who share their gender identity. We will strive to honor preferences provided at registration and will contact individual families in the rare instance that we are unable to accommodate a camper’s preferences.

- **Stay-Over Weekends:** In an effort to better support the physical and mental health of our campers and staff, we will no longer be offering Overnight Campers the option to stay at camp for the weekend between sessions. Campers in 2-week programs, such as CIT and WIT, will continue to stay at camp for the entire two week session.

- **Age Divisions:** As we strive to better balance our Overnight Camp age groups and match them appropriately with activities, we are adjusting them slightly. Our age divisions are: Pioneers (Entering Grades 3-4), Explorers (Entering Grades 5-6), Questers (Entering Grades 7-9), and Rangers (Entering Grades 10-11).

UPCOMING EVENTS

**Women’s Weekend Getaway**

**A Weekend of Fun and Relaxation**

From Friday evening to Sunday afternoon, enjoy a full schedule of activities designed to enrich your spirit, mind, and body.

Choose from a variety of activities including Climbing Tower, Archery, Nature Hikes, Ropes Course, Moonlight Zip Line, Yoga, Arts & Crafts, Wine Tasting, Campfire & S’mores, and much more!

Reconnect with friends and make new ones in our relaxing and beautiful environment!

2020 Spring Retreat: May 1 - 3

CAMP JONES GULCH ALUMNI

Join our Alumni Group!  www.ymcasf.org/alumni

Come to Alumni Weekend!  August 14-16

SPECIAL EVENTS

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
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<tbody>
<tr>
<td>Spring Spectacular</td>
<td>April 11</td>
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<tr>
<td>Courtney’s Day of Service</td>
<td>April 19</td>
</tr>
<tr>
<td>Christmas in the Redwoods</td>
<td>Dec. 12</td>
</tr>
</tbody>
</table>
FAMILY CAMPS

We’ll take care of the food (and the dishes) and provide a heated cabin and programs for all ages.

Head out on horseback for a ride on one of our beautiful trails, plunge into our pool, conquer the 42-foot climbing tower, or fly down the zip line. Or, if your idea of a fun weekend is relaxation, you can take a leisurely stroll through our Buckeye Grove, float around on a canoe, or just enjoy the quiet beauty of the Santa Cruz Mountains. Families also have access to the basketball court and ball fields for games with friends, old and new.

Memorial Day Family Camp
May 22 – 25*
*No horses during this event.

Labor Day Family Camp
Sept. 4 – 7

Autumn Magic Family Camp
October 16 – 18*
*No horses or pool during this event.

Evening activities may include movie nights, campfire performances complete with s’mores, or an ice cream social. Prices vary by cabin size, visit our website for registration and more information.

GROUP RETREATS

Bring a group out for a retreat in the beautiful redwoods here at camp. YMCA Camp Jones Gulch is the perfect location for:

- Teambuilding
- Conferences
- Youth Camps and School Trips
- Corporate Getaways
- Spiritual Retreats

Your retreat can include meals, overnight lodging, meeting spaces, teambuilding at the ropes course, and program activities such as archery, zip-line, rock climbing, and guided hikes.

Contact Colby Wiley
cwiley@ymcasf.org or 650-747-1212
REGISTER ONLINE!
Visit us at www.ymcasf.org/cjg-summer

HELP US SEND 172 YOUTH TO SUMMER CAMP
Your support helps children and families have the life-changing experiences of overnight camp at YMCA Camp Jones Gulch.

Donate today! www.ymcasf.org/172

YMCA Camp Jones Gulch
11000 Pescadero Road
La Honda, CA 94020
P (650) 747-1200
F (650) 747-0986

www.ymcasf.org/campjonesgulch