

# BEST SUMMER EVER™

2020 Summer Camp Program Guide  
Embarcadero YMCA



**Online registration opens on February 4, 2020.**  
**In-house registration opens on February 18, 2020.**  
Visit [www.ymcasf.org/programs/summer-camp-embarcadero](http://www.ymcasf.org/programs/summer-camp-embarcadero) for more info.



# THE ORIGINAL SUMMER CAMP

**At the Y, we have fun for everyone this summer, regardless of age, income, or background. We bring people closer together in a welcoming and supportive environment to nurture the potential of youth, promote healthy living, and give back to the community.**

**This summer, children will learn, grow, and thrive through the exhilarating fun of sports, day, and specialty camps at the Y. In the midst of all the fun, they will explore nature, find new talents, try new activities, gain independence, and make lasting friendships.**

**Teens will have fun socializing with their friends in a safe and positive environment, while exploring their interests, learning leadership skills, and discovering all they can achieve.**

**Counselors will express their unique personalities, share their diverse talents, and role model the path for the future's young leaders.**

**Families will become part of a greater community and experience a summer full of discovery and adventures together. Plan your summer fun with the Y!**

## EMBARCADERO YMCA MEMBERSHIPS TYPES

A Facility Membership at the Embarcadero YMCA offers many benefits for the whole family. In addition to lower registration fees for camp, Facility Members have full use of the workout facilities, basketball court, pool, and lower rates for swim lessons and other youth programs, plus access to over 25 locations in the Bay Area.

A Community Participant Membership allows registration for only programs like summer camp and swim lessons.

Please contact Member Services at (415) 957-9622 for more information on which membership type might best suit your family's needs.



# GENERAL INFORMATION

## CAMP HOURS

**Monday-Friday**  
 7:30am-9:00am Extended Care\*/Drop-off  
 9:00am-4:30pm Camp Programming  
 4:30pm-6:00pm Extended Care\*/Pick-up

\*Extended Care is offered at no additional cost.

## CAMP LOCATION EMBARCADERO YMCA

169 Steuart Street  
 San Francisco, CA 94105  
 Phone: 415 957 9622  
 Fax: (415) 957-1260

## WEBSITE

[www.ymcasf.org/programs/summer-camp-embarcadero](http://www.ymcasf.org/programs/summer-camp-embarcadero)

## REGISTRATION

Online February 4, 2020  
 In-house February 18, 2020

## CAMP MANAGEMENT STAFF

### SHIANTE LEWIS

Director Treasure Island YMCA and Youth Programs  
 (415) 680-9589 • [slewis@ymcasf.org](mailto:slewis@ymcasf.org)

### Carlos Calamateo

Camp Coordinator  
 (415) 305-0673 • [ccalamateo@ymcasf.org](mailto:ccalamateo@ymcasf.org)

## FOR BILLING AND FINANCIAL ASSISTANCE QUESTIONS, CONTACT:

### Orly Gosha

Community Programs Administrative Specialist  
 (415) 615-1315 • [ogosha@ymcasf.org](mailto:ogosha@ymcasf.org)

## WHO WE ARE

The Y is the nation's leading nonprofit committed to strengthening communities through youth development, healthy living, and social responsibility. Our mission is to build strong kids, strong families, and strong communities by enriching the lives of all people in spirit, mind, and body.

## HOW WE DO IT

We integrate our four core values of caring, honesty, respect, and responsibility in everything we do. We create extraordinary memories by providing opportunities to engage in new, fun, and enriching experiences.

At the Y, we help kids develop new skills and interests, interact in positive ways, and engage in healthy lifestyles, while being mentored by positive adult role models.

## OUR IMPACT

The Y is, and always will be, dedicated to building healthy, confident, connected, and secure children, adults, families, and communities. Every day our impact is felt when an individual makes a healthy choice, when a mentor inspires a child, and when a community comes together for the common good.

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# ABOUT Y CAMP

## WHAT IS Y CAMP?

At the YMCA of San Francisco, we strive to provide a well-rounded program to support the learning and growth of every camper. We are providing the essential features of the Y Camp experience which include the following elements:

- Culture • Safety • Values • Fun • Relationships • Exploration
- Leadership • High Quality Staff • Skills Building • Community

## WHY YOUR CHILD BELONGS AT YMCA SUMMER CAMP

### Our Camp Experience

With more than 100 years of Summer Camp experience, the Y knows how to create a safe and nurturing place, where children build self-esteem, leadership skills, and a sense of responsibility for themselves and the world around them.

### Our Commitment

Your child will find the confidence for creative self-expression through songs, art, new friendships, and new adventures. We offer more than non-stop fun. Your child will learn how to apply time, talent, and energy toward a caring, honest, respectful, and responsible life.

### Our Leaders

Each summer our camp staff completes over 80 hours of summer camp training. We are caring, competent, and experienced. Our training includes camp safety, activity planning, CPR, and First Aid to make your child's experience both safe and fun.

### Our Pledge

We are dedicated to making your experience and your child's experience at YMCA camp extraordinary. At the end of each day, your child will come home with positive stories to share with you.

### Our Hiring Process

The safety of our kids is paramount. Our hiring and supervision policies include the following:

- Personal interview, with child safety based questions.
- Four references, including one personal reference.
- Criminal background check.
- Comprehensive Child Safety training for all staff.
- Supervision policies: No one-on-one contact with children. No outside contact with minor participants. Staff work in pairs or groups, so they are never alone with children.
- Parent education: We provide parent manuals about child safety and talking to your children.
- Participant education: Participants are told they have a right to be safe and are told they should notify staff or another adult if anyone makes them feel uncomfortable.
- It is our policy that staff are not to communicate with youth participants outside of our programs, by social media or by any other means.

## THINGS WE VALUE AT CAMP

### Summer Learning

- Intentional programming
- Outcome-based activities
- Learning objectives and reflections
- Physical activities to stimulate learning
- Thematic based learning
- Literacy objectives

### Safety First

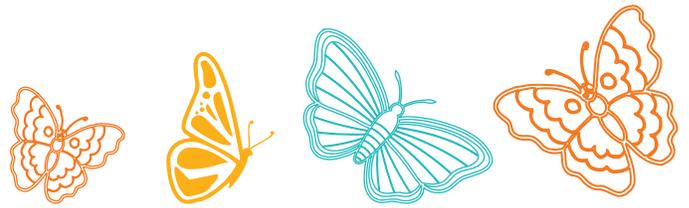
- Low staff-to-camper ratio
- Campers are assigned to a specific leader within the camp
- Monitored sign-in/sign-out procedures
- Extensive staff training
- High safety standards
- Fully certified charter bus drivers
- Positive adult role models

### Fun, Values-based Activities

- Variety of outdoor activities
- Field trips
- Swimming and water activities
- Hands-on environmental experiences
- Multicultural activities
- Service learning projects
- Special events

### Parent Communication

- You will receive weekly highlight sheets with activity schedules and special reminders. (See page 16 for example)
- You will receive email reminders with notes for the upcoming week.
- Our staff will inform you of your child's successes and challenges.
- You can communicate with our Camp Management team by phone, email, or in person to ask questions and ensure your child has a great experience.



## A PLACE FOR ALL

The YMCA of San Francisco is a cause driven organization that embraces every individual in the spectrum of diversity. We do not discriminate against anyone seeking our services on the basis of actual or perceived race, color, ancestry, national origin, place of birth, sex, age, income, religion, creed, disability, sexual orientation, gender identity, weight, or height.

Regarding gender identity and expression, we strive to create a welcoming environment for members through engaging in honest and open conversations about their needs. By creating a culture of diversity and inclusion we have an opportunity to celebrate our differences by fostering empathy, and embracing authentic self-identity.

# CAMP REGISTRATION

**REGISTRATION** For online registration, go to [www.ymcasf.org/programs/summer-camp-embarcadero](http://www.ymcasf.org/programs/summer-camp-embarcadero) and select "Register" under Summer Camp on the right. For in-person registration, please complete all information on the attached registration form, including camper and parent/guardian names, birth dates, and contact information. Also include any medical or behavior information that is important to know to ensure your camper has the best experience.

**LIABILITY WAIVERS** Upon registering, you will receive an email from the Embarcadero Y with a PDF copy of our Liability Waiver. Signed waivers must be submitted by the first day of your child's camp or your child will not be permitted. Every child must have an updated waiver on file for Summer 2020. Electronic copies cannot be accepted.

## PAYMENT INFO

### SPECIAL RATE REDUCTIONS

**Corporate Partner Special:** \$10 off per family / per week.

**Sibling Special:** First child is full-price. Each subsequent child will receive \$10 off per week.

**Please note:** Special rates can only be applied to registrations done in-person.

- Please inquire at Member Services to find out if your employer is a Corporate Partner.
- Special rates cannot be combined with each other, or any other special offers.

**DEPOSITS** A deposit of \$40 per camp session, per camper is required for registration. Deposits are NON-REFUNDABLE and NON-TRANSFERABLE.

**BALANCE DUE** The remaining balance for each camp session is due 14 days prior to the start of the session. Failure to pay balances will result in the deposit being forfeited and the camper's registration being cancelled.

**\*\*Week 4 will be prorated due to the 4th of July holiday.**

CAMP SESSION	CAMP DATES	BALANCE DUE
WEEK 1	June 8-12	May 25
WEEK 2	June 15-19	June 1
WEEK 3	June 22-26	June 8
WEEK 4*	June 29 - July 3	June 16
WEEK 5	July 6-10	June 22
WEEK 6	July 13-17	June 29
WEEK 7	July 20-24	July 6
WEEK 8	July 27-31	July 13
WEEK 9	August 3-7	July 20
WEEK 10	August 10-14	July 27

### HOW TO PAY & SCHEDULE PAYMENTS ONLINE

1. Visit our website at [www.ymcasf.org](http://www.ymcasf.org) and hover over the gear image on the upper right corner of the screen.
2. Select "Login" or "Create an account".
3. Once signed in, check to make sure your contact info is current.
4. To make or schedule a payment, go to "My Account" on the right corner and click on "My Balance" from the menu. Click either "Pay Fees Now" or "Schedule a payment for a later date" (Note: payments cannot be scheduled after their due date or rescheduled if they are past due).
5. To add a payment method, go to "My Account" on the right corner and click "View Account." Go to "Payment Methods" and click "Add Credit Card" or "Add EFT". Once you have updated or added this info, click "Submit".
6. To update your payment method click to the "Billing Method" section. Select the billing method to edit and update the information as needed. Click "Submit".

### CREDIT/REFUND POLICIES

Because we pay our vendors, purchase our admission tickets and supplies, and hire our staff according to the enrollment several months before camp starts, no credits, refunds, or transfers are allowed within 14 days of the start of program for which you are registering. If you wish to make a change or cancel your registration prior to the 14-day deadline, you may choose one of the following:

- Transfer to another Embarcadero YMCA camp program minus the non-refundable deposit (spaces must be available).
- A check or credit card refund (minus the non-refundable deposit). Check refunds can only be issued for amounts over \$20. Please allow two weeks for processing.

All cancellations must be submitted in writing. Please contact Orly Gosha at [ogosha@ymcasf.org](mailto:ogosha@ymcasf.org) or (415) 615-1315 for further details.

### FINANCIAL ASSISTANCE

We strive to make Y Camp accessible to all. To the extent possible, financial assistance is available thanks to the generous donors who contribute to our Annual Giving Campaign. Financial assistance application forms are available online and at Member Services. Completed forms can be submitted in-person to Member Services or via email to Orly Gosha at [ogosha@ymcasf.org](mailto:ogosha@ymcasf.org). Space is limited and spots will not be held unless a deposit is provided. Applications take up to two weeks to process. All applications are processed based on funding availability.

# POLICIES & FAQ'S

## CAMP POLICIES

**Sign In/Out Procedure:** Sign-in begins each day at 7:30am and closes at 9:00am. Pick up begins at 4:30pm and ends at 6:00pm. Every day your child must be signed in and out by an adult listed on the registration form. To add an adult to your child's pick up list, you must contact your camper's Unit Director. For your child's safety, anyone picking a child up is required to show a picture ID to a Member Services staff person every time they enter the Y. If you need to pick up your child prior to the authorized times, you will need to connect directly with your child's Unit Director.

**Absence/Illness:** Help us prevent and reduce the spread of illness at camp. Parents must notify the Unit Director if they or their children have contracted a communicable disease. Children will not be allowed to attend camp until cleared by a doctor. Typically we do no refund or provide credits for missed days.

**Extended Care:** Extended care is offered at no additional cost! During extended care hours, campers have a variety of stations to choose from, including sports, group games, arts & crafts, and so much more. Extend camp runs from 7:30-9:00am and 4:30-6:00pm.

**Swim Test Requirement:** Campers will complete a brief shallow water competency check the first time they swim this summer with the Embarcadero Y. This test is conducted by a certified lifeguard. Campers who do not pass the swim check will wear one of our personal flotation devices.

**T-shirts:** Each child will receive one Embarcadero YMCA Camp shirt. It is important that all campers have a camp shirt for any trip that requires us to leave the building (please see the Field Trip guide for trip details).

**Restrooms:** Y Campers can use the restroom and locker room that is consistent with their gender identity. Depending on the resources at each program facility, an All Gender space may also be available. For more information on All Gender inclusive spaces, please connect with your camper's Unit Director or contact Shiante Lewis, Director of Treasure Island YMCA and Youth Programs, at [slewis@ymcasf.org](mailto:slewis@ymcasf.org).

**Discipline Policy:** Please keep the staff informed of any home or school life concerns, so that we can be sensitive to your child's needs. We would like to work as a team with your family for the betterment of your child. This will enable us to provide the best environment for your child's growth and development.

Our first step is to be proactive in our approach towards behavior management. We take steps before a situation occurs. The more we know about a child's home and school life, the easier it will be for us to take this step. We also use positive reinforcement by consistently acknowledging good behavior. For more information, please see pages 17-18.

## FREQUENTLY ASKED QUESTIONS

**Where do I turn in my medical release/liability waiver form?** Medical release/liability waiver forms are required for each camper. All medical release/liability waiver forms may be dropped off at the Member Services desk during regular business hours or mailed to the Embarcadero YMCA, Attention: Orly Gosha, 169 Steuart Street, San Francisco, CA 94105.

## FREQUENTLY ASKED QUESTIONS CONT.

**What should I bring to camp?** For a typical day of camp, your child will need the following items each day:

- Backpack
- Water bottle
- Swimsuit
- Comfortable clothes and shoes that you wouldn't mind if they got a bit dirty.
- 2x Allergy medicine and instructions—one for the camper or counselor to carry and a second for the camp office to have for the week.
- Healthy bag lunch
- A good attitude
- Jacket or sweatshirt
- Sunscreen and hat

**What should not be brought to camp:** Electronics, cellphones, iPads, iPods or gaming systems, toys, candy, alcohol, weapons of any kind.

**What if I am late dropping off and picking up my child from camp?** Any time you are going to be late it is important for you to call Member Services at (415) 957-9622 to inform our staff. If a camper is dropped off late and their camp has left the Y, the parent is not permitted to leave their camper with another camp group. At the end of the day, if the parent is repeatedly late picking up the child, a charge of \$1 per minute will be billed to your account.

**How do I ensure my camper is in the same group as their friend?** Camp is an important place to make new friends and develop new relationships. Camp is designed for participants to develop new friendship with their peers and we encourage parents to support this goal. However, if you still need to ensure campers are within the same group, you may provide a written note for the Unit Director of your camp on the first day. Camp staff will attempt to ensure your camper can be with the same groups, but groupings depends on ability and/or age and therefore these accommodations will not always be possible.

**When is the balance due for camp?** The deposit for each camp is due at registration. The remaining balance for each camp is due 14 days prior to the start date of camp. Failure to pay balances will result in forfeiture of the deposit and registration.

**What if my child has a special need/disability can they still participate in your camp?** The ADA protects three categories of individuals with disabilities: 1) those with a physical or mental impairment that substantially limits one or more major life activities; 2) those with a record of such an impairment; or 3) those who are regarded as having such an impairment, whether or not they have the impairment.

Reasonable Accommodation/Modification – Accommodations to policies, practices or procedures, also referred to as modifications, are wide-ranging and reasonably necessary to avoid discrimination against individuals with disabilities. The purpose of accommodations is to minimize the barriers to the individual with a disability limiting their ability to participate in programs and services with the YMCA. The duty to provide reasonable accommodation or modification is limited to those accommodations that do not fundamentally alter the nature of the services or facilities it provides and do not impose an undue burden on the YMCA.

To Download this form, please visit [www.ymcasf.org/programs/summer-camp-embarcadero](http://www.ymcasf.org/programs/summer-camp-embarcadero). Once completed please send to [Slewis@ymcasf.org](mailto:Slewis@ymcasf.org) or bring it to the Embarcadero YMCA with Attention addressed to: Shiante Lewis

# FAMILY INFORMATION AND EVENTS

## PARENT AND GUARDIANS INFORMATION SESSIONS

Come meet your Camp Management team! We will go over policies and procedures and answer any of your camp questions. You will only need to attend one information session in order to get a full preview of your child's summer. Free childcare will be provided. Families who are interested in participating in any information session or any of the special events, must register. Please visit our camp page to register.

### INFORMATION SESSION #1 MEET MANAGEMENT TEAM

Saturday, April 18th • 1:00pm-2:00pm  
Bessie Carmichael FEC School  
375 7th Street San Francisco, CA 94103

### INFORMATION SESSION #2 MEET MANAGEMENT TEAM

Tuesday, May 19 • 5:30pm-6:30pm • In the Boardroom  
Embarcadero YMCA – 169 Steuart Street, San Francisco, CA

### INFORMATION SESSION #3 MEET MANAGEMENT TEAM AND SUMMER UNIT DIRECTORS

Sunday, June 7 • 1:00pm-2:00pm • In the Boardroom  
Embarcadero YMCA – 169 Steuart Street, San Francisco, CA

In order to attend you MUST R.S.V.P. through our website [www.ymcasf.org/programs/summer-camp-embarcadero](http://www.ymcasf.org/programs/summer-camp-embarcadero) or at Member Services located at the Embarcadero YMCA.

## FAMILY EVENTS

Our Community Engagement events are designed to celebrate Y Summer Camp families. At these events parents will have the opportunity to meet other families that are involved in our Y programs, and talk with our Youth Programs team.

Embarcadero YMCA staff will host games, songs, and crafts suitable for all ages. Snacks and refreshments will be provided. Please visit our website for more information and event registration.

### HEALTHY KIDS DAY

Saturday, April 18th • 12:00pm-3:00pm  
Bessie Carmichael FEC School  
375 7th Street San Francisco, Ca 94103

### MID-SUMMER FAMILY AFTERNOON

Saturday, July 13 • 12:00pm-4:00pm  
Treasure Island Community YMCA  
749 9th Street, on Treasure Island

## MEET YOUR CAMP MANAGEMENT TEAM

As your Camp Management team at the Embarcadero YMCA, we will be here to assist you with any camp needs to ensure your summer experience is as smooth as possible.

For more information regarding weekly camp schedules and an introduction to your child's Unit Director and team, please check our website. [www.ymcasf.org/programs/summer-camp-embarcadero](http://www.ymcasf.org/programs/summer-camp-embarcadero)



### CARLOS CALAMATEO

Camp Manager  
(415) 305-0673  
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### SHIANTE LEWIS

Director of Treasure Island YMCA  
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### ORLY GOSHA

Community Programs  
Administrative Specialist  
(415) 615-1315  
[ogosha@ymcasf.org](mailto:ogosha@ymcasf.org)

# TRADITIONAL CAMP INFORMATION AND SCHEDULE

**EMBARCADERO SUMMER CAMPS** The Embarcadero strives to offer a variety of camps to meet the interest of all campers! Although the Traditional, and Specialty Camps have the same theme each week, all activities are adapted according to age group and camp. No camp group will EVER attend the same major field trip or participate in the same activity as another group on the same day. All activities are age appropriate.

**EXTENDED CAMP CARE** To accommodate your needs, parents may drop off campers as early as 7:30am. We will keep your campers safe and engaged in multiple structured activities such as arts & crafts, mind teasers, building projects, sports & more!

**TRANSPORTATION AND OFF-SITE DAYS** The majority of our camps spend four out of the five days of camp off-site exploring the Bay Area and participating in exciting activities. The majority of our camps travel on a 72-passenger charter bus. However, there are some trips where campers will be required to take public transportation or walk. Please familiarize yourself with the Day Camp Key when making decisions about your child's summer camp choices.

**TYPICAL SCHEDULE FOR OFF-SITE TRIPS** All schedules include transportation time to and from locations, as well as lunch time. Please do not pick up prior to 4:30pm on any offsite days. If a group is expected to come in after 4:30pm, due to traffic, we will notify all families.

## Example Schedule for Major Trips/Water/S.T.E.A.M./Park Day or Specialty and Sports Camps

7:30am-9:00am Morning extended care drop off hours.  
 9:00am-10:00am Assembly, snack, prep for off-site adventure.  
 10:00am-4:30pm Trip and activities of the day.  
 4:30pm-6:00pm Afternoon extended care pick-up hours.

## Example Schedule for On-Site days

7:30am-9:00am Morning extended care drop off hours.  
 9:00am-10:00am Assembly, snack, prep for off-site adventure.  
 10:00am-12:00pm Activities in the pool and group games.  
 12:00pm-1:00pm Community circle and lunch.  
 1:00pm-4:30pm Main activity of the day.  
 4:30pm-6:00pm Afternoon extended care pick-up hours.

\*Campers will have the opportunity to swim once a week at the Embarcadero YMCA when signing up for camp. If you are interested in more time in the water, please see our Aquatics department for mor information! **Please pack a swimsuit if you would like your child to participate.**



## CAMP THEMES AND WEEKS

<b>WEEK 1:</b>	<b>SCHOOL'S OUT FOR SUMMER!</b>	June 8-12
<b>WEEK 2:</b>	<b>OH THE PLACES YOU WILL GO!</b>	June 15-19
<b>WEEK 3:</b>	<b>ONCE UPON A TIME</b>	June 22-26
<b>WEEK 4:</b>	<b>WILD &amp; CRAZY KIDS!</b>	June 29 - July 3 (No camp 7/3)
<b>WEEK 5:</b>	<b>ANIMAL ADVENTURES</b>	July 6- 10
<b>WEEK 6:</b>	<b>MOVIN' AND GROOVIN'</b>	July 13-17
<b>WEEK 7:</b>	<b>GAMES, GAMES, GAMES</b>	July 20-24
<b>WEEK 8:</b>	<b>BAY AREA ADVENTURES</b>	July 27-31
<b>WEEK 9:</b>	<b>ENGINEERED FOR FUN</b>	August 3-7
<b>WEEK 10:</b>	<b>FUNTASTIC FINAL</b>	August 10-14

## DAY CAMP KEY

### LOOK FOR THESE ICONS IN OUR DAY CAMP DESCRIPTION PROGRAMS



**CLOCK:** Camps with this icon start at exactly 9am. To get the full experience of this camp, children should be at camp by 8:30am.



**ORANGE BUS:** Camps with this icon will travel on field trips via charter bus only.



**PURPLE BUS:** Camps with this icon will travel on field trips via charter bus and MUNI.



**WATER DROP:** Camps with this icon will be swimming (under the supervision of the specialized staff) in either a pool or lake.



**BUILDING:** Camps with these icons will be off-site at our Treasure Island facility.



# THEMES AND WEEKS

Each week of Y Camp offers a different theme, keeping the experience fresh throughout the summer and also encouraging campers to expand their areas of interest in all of our camps: Traditional and Specialty. Camps are packed with a variety of activities. Each day begins with a gathering in our boardroom for kid's choice games, followed by a structured morning of activities and then off-site trips. Campers are grouped by the grade they will enter in September. All activities follow a daily schedule.



## WEEK 1: SCHOOLS OUT FOR SUMMER!

June 8-12

Celebrate every day this week because school's out for summer! Join us as we kick off our exciting summer camp season. Learn, laugh, and make friends playing traditional and new camp games this week in our gym, grass play areas, and newly discovered outdoor spaces. Learn how to play our favorite camp games like GaGa, Nine Square in the Air, Castle Ball, backyard games, and more!

## WEEK 2: OH THE PLACES YOU WILL GO!

June 15-19

Ever wonder what it was like to live hundreds of years ago, or what the future has in store? Hop on board our time machine and find out! We will explore different eras as we play ancient games, create caveman art, make futuristic outfits, and build a time capsule! A ride you don't want to miss!

## WEEK 3: ONCE UPON A TIME

June 22-26

This is a week full of imagination and magic! Live out adventures from the realms of your favorite books and movies.

## WEEK 4: WILD AND CRAZY KIDS!

June 29 - July 3 (NO CAMP ON JULY 3)

Get ready for a wacky week of icky, sticky, silly stuff created by you! This isn't for the light hearted; it goes way past a school science project! Come dressed to get dirty. We will make gack, goop, glop and smile all throughout the week!

## WEEK 5: ANIMAL ADVENTURES

July 6-10

Lions and Tigers and Bears, oh my! Campers will enjoy the great outdoors while learning about the creatures with which we share our world through games and excursions into nature. Join us for a wild time!

## WEEK 6: MOVIN' AND GROOVIN'

July 13-17

Get ready to move to the oldies and groove to the music of today. Each day we will go back in time and visit music from the 70's, 80's, 90's, and today. From Elvis to Justin Bieber, we will have something for everyone and plenty of dancing and karaoke!

## WEEK 7: GAMES, GAMES, GAMES

July 20-24

This will be a week full of games and activities that focus on having fun, developing sportsmanship, and learning how to be a team player. You'll enjoy new games from variations on tag, Ultimate Frisbee®, Minute to Win It activities, and favorite game shows!

## WEEK 8: BAY AREA ADVENTURES

July 27-31

How amazing is the Bay Area? Not sure? During this week, campers are sure to find out! Campers will spend the week traveling to some of the hidden gems of San Francisco, Castro Valley, and more. Visiting parks, playing games, and enjoying the great outdoors will be our focus for this week.

## WEEK 9: ENGINEERED FOR FUN

August 3-7

Explore your architectural and engineering potential along with your creativity through a variety of introductory S.T.E.M. challenges. We have the blueprint for summer camp success! You'll enjoy activities such as paper airplane construction, bridge building, structure design, and much more!

## WEEK 10: FUNTASTIC FINALE

August 10-14

We will bring our camp season to a close with a fantastic finale. Join camp friends and counselors to plan and create skits that highlight the all the camp fun had over the summer. Camp traditions and songs come to life and all campers will have a chance to participate in their own unique way. Friends and family are invited to join us on the last day of camp for our Y Camp Funtastic Finale celebration!



# TRADITIONAL CAMP

**Traditional Day Camp is age-specific and offers youth greater challenges with every year. Activities revolve around a weekly theme and includes games, sports, craft projects, songs, nature, and outdoor exploration! Weeks are structured with each of the following activities: Park Days, H.E.P.A. Days, Innovative Excursion, S.T.E.A.M-ULATION DAYS, and Outdoor Adventures that is creatively tied to each theme of the week. Daily camp activities revolve around weekly themes and include playing games with peers, sports, craft projects, performance arts, and outdoor adventures and nature exploration! Please see the Summer Camp Planner and Weekly Trip Planner for more information.**

**Each week we will provide campers with a Y experience they'll never forget. Please see below for more information regarding specific theme days. Note that all of these days will not happen within a single week.**

**INNOVATIVE EXCURSION DAYS:** Weekly excursions that foster excitement, exploration, and innovation. Connecting weekly themes to a major field trip, these excursions will stimulate the campers' minds while having a great time on the not-to be missed trip.

**PARK DAYS:** Campers will travel to numerous San Francisco and Bay Area public parks and playgrounds this summer. Located near and far, campers will discover new places to play and let their imaginations soar!

**ON-SITE DAYS:** Campers will take advantage of our YMCA facility! We will utilize the pool, participate in kid-friendly group-ex classes, and exercise our creativity through various activities throughout the building.

**OUTDOOR ADVENTURE DAYS:** Being outdoors and connecting to nature helps us be our healthiest best selves. Every week campers will explore the great Bay Area natural environment and become better acquainted with incredible outdoor spaces like Point Bonita and Coyote Point.

**S.T.E.A.M-ULATION DAYS:** S.T.E.A.M. Days will strengthen your camper's excitement and interest in science, technology, engineering, art and math through challenging hands-on activities and experiments.

**H.E.P.A. DAYS:** Campers will travel to our Treasure Island YMCA Facility to participate in Healthy Eating and Physical Activity (H.E.P.A) exercises and fun! All activities are age appropriate and are based on skills-building and fun! Camper will have a mix of high and low energy activities and games throughout the day and will be encouraged to participate in all activities, but will not be required to have a good time!

## K-1 DISCOVERERS CAMP

YMCA Discoverers Camp introduces young campers to the excitement of day camp. This includes silly skills, arts & crafts, laughter-inducing games, fun physical activities, swimming activities, and eye-opening field trips.

<b>Weeks</b>	1-10 (Week 4 fee prorated due to 4th of July)
<b>Grades</b>	Entering K-1
<b>Ratio</b>	1 staff leader to 8 campers
<b>Fee</b>	Facility Member \$310/week Community Participants \$380/week

## 2-3 ADVENTURERS CAMP

YMCA Adventurers Camp gives campers an opportunity to build friendships, explore new places, and build new skills all while having the time of their lives.

<b>Weeks</b>	1-10 (Week 4 fee prorated due to 4th of July)
<b>Grades</b>	Entering 2-3
<b>Ratio</b>	1 staff leader to 10 campers
<b>Fee</b>	Facility Member \$300/week Community Participants \$370/week

## 4-6 EXPLORERS CAMP

YMCA Explorers Camp will not only experience adventurous off-site trips, but will also participate in fun-filled activities to help build on existing friendships and foster growth of new ones. We will also work to develop independence and learn about the golden city of San Francisco through exploration.

<b>Weeks</b>	1-10 (Week 4 fee prorated due to 4th of July)
<b>Grades</b>	Entering 4-6
<b>Ratio</b>	1 staff leader to 10 campers
<b>Fee</b>	Facility Member \$300/week Community Participants \$370/week



# SPECIALTY DAY CAMP

Specialty Camps are designed to provide activities that vary to meet specific interests. Our Specialty Camps have special emphasis on programs that are sure to keep your camper excited throughout the entire summer! Specialty camps are age specific. Some Specialty Camps such as: Skateboarding, Y-Makers and Y-Bike will be held at our Treasure Island Facility Located at 749 9th Street.

## Y-MAKERS

Y-Makers is a STEAM-intensive youth development program. We put tools in the hands of youth and ideas in their heads. At each YMakers workshop, kids and adults get hands-on experience with basic woodworking and crafting tools while they build and make whatever they can dream up!

<b>WEEK(S)</b>	2 ( June 15-19)
<b>GRADES</b>	2-5
<b>RATIO</b>	1 staff leader to 10 campers
<b>FEE</b>	Facility Member \$370/week Community Participants \$460/week

## LEGO: NINJANEERING w/PLAY-WELL TECHNOLOGY

Enter the world of Ninjago and become an apprentice Ninjaneer with tens of thousands of LEGO® parts! Learn the way of Spinjitzu, ride your Elemental Dragon, and face the Great Devourer! Imagine and build unique and fun projects with the guidance of an experienced Play-Well instructor while exploring the fantasy world of Ninjago.

<b>WEEK(S)</b>	3 (June 22-26)
<b>GRADES</b>	Entering K-5 (separated by K-2 and 3-5)
<b>RATIO</b>	1 staff leader to 10 campers
<b>FEE</b>	Facility Member \$370/week Community Participants \$460/week

## GAMING ADVENTURES

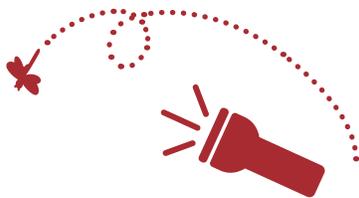
Campers will spend the week emerged in Video Gaming Exploration from the last decade building up to create programming of their own! From Sonic the Hedgehog to Super Mario Brothers then over to Fortnite, campers will play, compare, and eventually create a video game of their own!

<b>WEEK(S)</b>	4 (June 29-July 3)
<b>GRADES</b>	2-6
<b>RATIO</b>	1 staff leader to 10 campers
<b>FEE</b>	Facility Member \$370/week Community Participants \$460/week

## FOR MORE INFO CONTACT CARLOS CALAMATEO

Camp Manager  
(415) 305-0673  
ccalamateo@ymcasf.org

11 EMBARCADERO YMCA



## SKATEBOARD CAMP w/ROBSKATE SKATEBOARD ACADEMY

Regardless of skill level, campers will have the opportunity to learn and practice new skate tricks, fundamentals in a positive and supportive environment while navigating new experiences. Equipment provided.

<b>WEEK(S)</b>	5 (July 6-10) and 9 (August 3-7)
<b>GRADES</b>	K-5
<b>RATIO</b>	1 staff leader to 10 campers
<b>FEE</b>	Facility Member \$370/week Community Participants \$460/week

## LEGO: HARRY POTTER MAGICAL ENGINEERING w/PLAY-WELL TECHNOLOGY

Explore the magic of Harry Potter using LEGO®! Find Platform 9 3/4, travel to school on the Hogwarts Express, and challenge the Hungarian Horntail Dragon. Travel to a world of wizardry and hone your magical skills while learning about Muggle (STEM) concepts.

<b>WEEK(S)</b>	6 (July 13-17)
<b>GRADES</b>	Entering K-5 (separated by K-2 and 3-5)
<b>RATIO</b>	1 staff leader to 10 campers
<b>FEE</b>	Facility Member \$370/week Community Participants \$460/week

## LEGO S.T.E.A.M ENGINEERING W/PLAY-WELL TEKNOLOGY

Power up your engineering skills with Play-Well TEKologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects.

<b>WEEK(S)</b>	8 ( July 27-31)
<b>GRADES</b>	Entering K-5 (separated by K-2 and 3-5)
<b>RATIO</b>	1 staff leader to 10 campers
<b>FEE</b>	Facility Member \$370/week Community Participants \$460/week

## Y-RANGERS

Welcome to the biggest playground in the world- the Great Outdoors! We'll explore natural spaces far and wide to see how we can take advantage of our green spaces, playing and recreating throughout the entire journey.

<b>WEEK(S)</b>	10 ( August 10-14)
<b>GRADES</b>	3-6
<b>RATIO</b>	1 staff leader to 10 campers
<b>FEE</b>	Facility Member \$370/week Community Participants \$460/week



## DAY CAMP LEADERSHIP OPPORTUNITIES

THE FOLLOWING DAY CAMP PROGRAMS ARE DESIGNED FOR TEENS WHO DESIRE TO STEP INTO LEADERSHIP ROLES AT YMCA CAMP, WHILE ALSO CONTINUING TO EXPAND THEIR CAMP EXPERIENCES.

### C.I.T. INTERNSHIP

C.I.T. Interns will learn job skills related to working in the field of youth development, including group facilitation, public speaking, and camp operations. Interns must commit to 4 weeks during the summer (1 training week and 3 fieldwork weeks). Upon completion of all four weeks, each intern will receive a program completion certification with total hours of the program allocated towards high school credits. This is a great professional development opportunity for teens interested in working with youth in the future.

**Requirements** Entering grades 10-12  
A four-week commitment  
A GPA of 2.50 or above

**Cost of Program** No cost

**Internship Training weeks** June 29 - July 3 (No training on 7/3)

Participation in training week is required to participate in the program. Participants are only required to do one week of training.

**Fieldwork Weeks** July 6 - August 10

Interns must commit to at least three weeks in order to receive credit. For more information and to apply, please contact Shiante Lewis at [slewis@ymcasf.org](mailto:slewis@ymcasf.org) or Carlos Calamateo at [ccalamateo@ymcasf.org](mailto:ccalamateo@ymcasf.org)

### JUNIOR COUNSELOR OPPORTUNITY

The Embarcadero YMCA will be hiring 11th and 12th graders to work during the summer of 2020! All interested candidates, please apply online through our website. Space is limited and restrictions apply.

# SWIM LESSONS

## YOUTH AQUATICS PROGRAM



### WEEKDAY SWIM LESSONS

Swim lessons are available for registration as an add-on Monday through Friday in conjunction with camp sessions. Stages 1, 2, and 3 will be offered during each 30-minute lesson. Lessons will be offered at the following times: 8:30-9:00am, 9:00-9:30am, and 4:30-5pm. All children must arrive 20 minutes before their lesson begins to change clothes. Towels are provided. Please bring goggles and a bag that your child can keep their wet belongings in. Write your camper's name on all items that they bring.

#### FEE

##### FACILITY MEMBER

\$125/week

##### COMMUNITY PARTICIPANT

\$200/week

\*Holiday weeks will be prorated.

Note: Missed lessons will not be refunded or made up.

### WEEKEND SWIM LESSONS

We also offer swim lessons on Saturday and Sunday mornings throughout the year for children 6 months to 14 years old. They are broken down by age and skill level for kids to enjoy their lessons and progression. For more information, pick-up our Swim Program brochure and lesson schedule at the Member Services desk.

#### FEE

##### FACILITY MEMBER

\$145/30-Min (8 lessons)  
\$195/40-Min (8 lessons)

##### COMMUNITY PARTICIPANT

\$195/30-Min (8 lessons)  
\$255/40-Min (8 lessons)

CAMP SESSION	CAMP DATES
WEEK 1	June 8-12
WEEK 2	June 15-19
WEEK 3	June 22-26
WEEK 4*	June 29 - July 3
WEEK 5	July 6-10
WEEK 6	July 13-17
WEEK 7	July 20-24
WEEK 8	July 27-31
WEEK 9	August 3-7
WEEK 10	August 10-14

Swimming is a life skill, as well as great exercise and a challenging sport. The benefits are far greater than just physical health.

Whether it's learning the life-skill of water safety, or gaining the confidence that comes from learning to swim, participating in aquatics programs at the Y is about building the whole person, from the inside out.

CONTACT: Jimmy Beckland, Aquatics Director  
Phone: (415) 615-1326 / Email: [jbeckland@ymcasf.org](mailto:jbeckland@ymcasf.org)



# 2020 EMBARCADERO YMCA SUMMER CAMP PLANNER

ENTERING GRADE (Units)	CAMP	WEEK 1 June 8-12	WEEK 2 June 15-19	WEEK 3 June 22-26	WEEK 4 June 29-July 3	WEEK 5 July 7-10	WEEK 6 July 13-17	WEEK 7 July 20-24	WEEK 8 July 27-31	WEEK 9 Aug 3-7	WEEK 10 Aug 10-14
K-1 (Discoverers)	TRADITIONAL	Safari Run	San Jose Discovery Museum	Fairyland	The Jungle Concord	Happy Hollow	Pump It up	Pixiland	SF Zoo	Lawrence Hall of Science	Bay Area Discovery Museum
	SPECIALTY			Ninjaneering		Skateboard Camp	Harry Potter Engineering		Lego - S.T.E.A.M Engineering	Skateboard	
2-3 (Adventurers)	TRADITIONAL	Chuck E Cheese	The Jungle San Jose	Happy Hollows	The Jungle San Jose	Oakland Zoo	Bowling	Gama Ride	Aquarium of the Bay	San Jose Tech	Golfland
	SPECIALTY			Ninjaneering & Ninjaneering Masters*	Gaming Adventures	Skateboard Camp*	Harry Potter Engineering & Harry Potter Master Engineering*		Lego - S.T.E.A.M Engineering	Skateboard	Y-Rangers
4-6 (Explorers)	TRADITIONAL	Pump it up	Laser Tag	Golfland	Sports Play	Slide Ranch	Roller Skating	Boomers	Ice Skating	Exploratorium	Dave and Busters
	SPECIALTY		YMakers	Ninjaneering Masters*	Gaming Adventures	Skateboard Camp*	Harry Potter Master Engineering*		Lego - S.T.E.A.M Engineering	Skateboard	Y-Rangers

## Register online at [www.ymcasf.org/programs/summer-camp-embarcadero](http://www.ymcasf.org/programs/summer-camp-embarcadero)

Please note that field trips may be subject to change. Camps marked with an asterisk (\*) are for grades K-5. Additionally, please note that the LEGO Camp is split into groups K-2 and 3-5. LEGO Camp participants in the K-2 group must arrive by 8:50am for the 9:00am start time. For more information, please contact Shiante Lewis, Director of Treasure Island YMCA and Youth Programs at [slewis@ymcasf.org](mailto:slewis@ymcasf.org)



# Embarcadero Summer Camp Weekly Schedule Example

169 STEUART STREET  
San Francisco, CA 94105

Theme of the week: Date range of themed week - Please visit our website at <https://www.ymcasf.org/programs/summer-camp-embarcadero> on March 1st for complete calendars

Parent Friendly Reminders	Monday, June 1st	Tuesday, June 2nd	Wednesday, June 3rd	Thursday, June 4th	Friday, June 5th
<p><b>What happens during a typical day at camp?</b></p> <p>Traditional Day Camp is age-specific and engages campers in age appropriate activities, stimulating skill building, and develop the YMCA core values of, Honesty, Caring, Respect, Responsibility, within all youth. Every week of camp is divided into the following Days: Park Day, Innovative Excursion Day, Outdoor Adventure Day, S.T.E.A.M.-ulation Day and Water Day. Daily camp activities revolve around weekly themes and include playing games with peers, sports, craft projects, performance arts, and outdoor adventures and nature exploration! *Note: not all weeks of camp will include Water Days. Please see the Summer Camp Planner and Weekly Trip Planner for more information. Every week we provide campers with a Y experience they'll never forget. Please see below for more information outlining specific daily themes.</p> <ul style="list-style-type: none"> <li><b>Park Days:</b> Campers will travel to numerous San Francisco and Bay Area public parks and playgrounds this summer. *Weather permitting and for campers, we discover new places to play and let their imaginations soar.</li> <li><b>Water Days:</b> Campers will travel to one of the Bay Area's many lakes or water parks. All water parks and lake adventures are age appropriate and have low staff-to-camper ratios. High quality locations are stationed with certified life guards, and lifelines, and a YMCA Aquatics Specialist providing additional safety precautions. Campers are all encouraged to get in the water, but it is not required or necessary to have a good time! Please send your camper with a swimsuit underneath their clothing and a towel if possible.</li> <li><b>Innovative Excursion:</b> Weekly excursions that foster excitement, exploration, and invention. Connecting weekly themes to a major field trip, these excursions will stimulate the campers' minds while having a great time on the not-to-be-missed trip.</li> <li><b>On-Site Days:</b> Campers will take advantage of our YMCA facility! We will utilize the pool, participate in kid-friendly group-work classes, and exercise our creativity through various activities.</li> <li><b>Outdoor Adventure Days:</b> Being outdoors and connecting to nature helps us be our healthiest best selves. Every week campers will explore the great Bay Area natural environment, and become better acquainted with incredible outdoor spaces like Point Bonita and Coyote Point.</li> <li><b>STEAM-ulation Days:</b> S.T.E.A.M. Days will strengthen your camper's excitement and interest in science, technology, engineering, art and math through challenging hands-on activities and experiments.</li> </ul> <p><b>Camp Hours:</b> Morning Extended Care: 7:30 am - 9:00 am Programming: 9:00 am - 4:30 pm Evening Extended Care: 4:30 pm - 6:00 pm</p>	<p><b>Park Day</b></p> <p>7:30-9:00 Sign-In / Kids Choice in Boardroom</p> <p>9:00-10:00 Designing the ultimate playground</p> <p>10:15-10:45 Snack &amp; Assembly</p> <p>10:45-11:45 Travel to playground</p> <p>11:45-12:15 Lunch</p> <p>12:30-1:00 Group games/outdoor activities</p> <p>1:00-3:30 <b>Alta Plaza Playground</b></p> <p>3:30-4:30 Travel back to the Y</p> <p>4:30-5:30 My favorite thing at the playground</p> <p>5:00-6:00 Sign-Out &amp; Kids Choice</p>	<p><b>Outdoor Adventure Day</b></p> <p>7:30-8:30 Sign-In / Kids Choice in Boardroom</p> <p>8:30-9:30 Tye Dye rose pedals</p> <p>9:30-10:00 Snack &amp; Assembly</p> <p>10:00-11:00 Healthy Eating Class: Winter treats</p> <p>11:00-12:00 Prep and travel to Field Trip location</p> <p>12:00-12:30 Lunch</p> <p>12:45-3:30 <b>Botanical Gardens and Children's Playground</b></p> <p>3:30-4:00 Travel back to the Y</p> <p>4:00-4:30 Snack &amp; Community Circle (Back at the Y)</p> <p>4:30-5:30 Flowers from around the world</p> <p>5:00-6:00 Sign-Out &amp; Kids Choice</p>	<p><b>On-Site Day</b></p> <p>7:30-8:30 Sign-In / Kids Choice in Boardroom</p> <p>8:30-9:30 A Winter Story: Picture</p> <p>9:30-10:00 Snack &amp; Assembly</p> <p>10:00-11:00 Kinds: Group Ex - Class: Body Movement</p> <p>11:00-12:00 Swim / Healthy Eating Activity</p> <p>Choice A- Swimming in the pool</p> <p>Choice B- Fruit Kabobs</p> <p>12:00-2:00 Lunch</p> <p>2:00-4:00 <b>Slime!</b></p> <p>4:00-4:30 Snack &amp; Community Circle</p> <p>4:30-5:30 Making Ice Cream and 3D Igloos</p> <p>5:30-6:00 Sign-Out &amp; Kids Choice</p>	<p><b>S.T.E.A.M.-ulation Day</b></p> <p>7:30-9:00 Sign-In / Kids Choice in Boardroom</p> <p>9:00-10:00 If I was in Olympian</p> <p>10:15-10:45 Snack &amp; Assembly</p> <p>10:45-11:45 Travel to museum</p> <p>11:45-12:15 Lunch</p> <p>12:30-3:00 <b>Creativity Museum</b></p> <p>3:30-4:30 Travel back to the Y</p> <p>4:30-5:30 Roller coaster races</p> <p>5:00-6:00 Sign-Out &amp; Kids Choice</p>	<p><b>Innovative Excursion Day</b></p> <p>7:30-8:30 Sign-In / Kids Choice in Boardroom</p> <p>8:30-9:30 Designing roller coaster</p> <p>9:30-10:00 Snack &amp; Assembly</p> <p>10:00-11:00 Kids Group Ex - Class : Fun and Fitness</p> <p>11:00-12:00 Prep and travel to Field Trip location</p> <p>12:00-12:30 Lunch</p> <p>12:45-3:30 <b>Sky high</b></p> <p>3:30-4:00 Travel back to the Y</p> <p>4:00-4:30 Snack &amp; Community Circle (Back at the Y)</p> <p>4:30-5:30 Mini trampolines</p> <p>5:00-6:00 Sign-Out &amp; Kids Choice</p>

**Other Important Information**

Unit Director: Carlos Calamanteo, (415) 305-0617 • Membership Desk: (415) 957-9622 • Camp Coordinator: Orlly Ramirez, (415) 615-1315  
Additional Programming Information: Director of Treasure Island and Youth Programs • Shianee Lewis, (415) 680-9583 or [slewis@ymcasf.org](mailto:slewis@ymcasf.org)  
Website: <https://www.ymcasf.org/programs/summer-camp-embarcadero>

**Parent Friendly Reminders:**

- Campers need to be provided with a lunch, water bottle, backpack, & appropriate clothing and footwear each day of camp. Please do not pack any peanut products
- Photo I.D. is required for pick-up. Person picking up must be on the approved authorized pick-up list.
- One morning and one afternoon snack. If your child has special dietary restrictions, please pack additional food. YMCA snack is optional.



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## BULLYING POLICY

At Embarcadero YMCA Camp, bullying is inexcusable, and we have a firm policy against all types of bullying. Each camper is expected to treat all other campers with respect, and to help each other achieve the best possible experience. If a camper has difficulty meeting this expectation, parents may be called upon to assist. Our leadership addresses all incidents of bullying seriously and trains staff to promote communication with their staff and their campers. We work together as a team to ensure that campers gain self-confidence, make new friends, and go home with their camp experience.

## BEHAVIOR GUIDELINES

Please read our behavior policy with your camper before camp.

We expect campers to act respectfully at all times when they are on our property or participating in our programs. Campers are to behave in a mature, responsible way and respect the rights and dignity of others.

### Actions will reflect the YMCA Four Core Values:

- Campers take **Responsibility** for their actions.
- Campers **Respect** themselves, each other, camp equipment and the environment.
- **Honesty** will be the basis for all relationships and interactions.
- Campers will be **Caring** in their relationships with others.

Campers should talk to a counselor or any camp staff member if they are uncomfortable with any experiences or need assistance while at camp.

## DISCIPLINE PROCEDURES

When a camper does not follow the behavior guidelines, we will take the following action steps as behavior problems progress.

1. Staff will redirect the camper to more appropriate behavior.
2. If inappropriate behavior continues, the camper will be reminded of behavior guidelines and camp rules, and the camper will be asked to decide on action steps to correct his/her behavior.
3. If a campers behavior continues, parents will be notified to discuss next steps.
4. If inappropriate behavior continues, as a final action step the camper may be dismissed from camp.

### Examples of unacceptable behavior:

- Refusing to follow behavior guidelines or camp rules.
- Using profanity, vulgarity or obscenity.
- Stealing or damaging property (personal or camp property).
- Refusal to participate in activities or cooperate with staff.
- Disrupting a program.
- Leaving a program without permission.
- Endangering the health and safety of children and/or staff.
- Use of illicit drugs, alcohol or tobacco or sexual conduct of any kind.
- Teasing, making fun or bullying of other campers or staff.
- Hitting or Fighting of any kind. (This includes the hitting of Staff or C.I.T.'s)

Camper fees are non-refundable if a camper is sent home for disciplinary reasons. Bullying or physical violence towards any staff or towards another camper may result in immediate dismissal from the camp program for the duration of the summer. All situations are subjective and will be handled accordingly per the Camp Managements discretion.



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## BEHAVIOR GUIDELINES SUSPENSION MATRIX

When a camper does not follow the behavior guidelines, we will take the following action steps as behavior problems progress.

1. Staff will redirect the camper to more appropriate behavior.
2. If inappropriate behavior continues, the camper will be reminded of behavior guidelines and camp rules, and the camper will be asked to decide on action steps to correct his/her behavior.
3. If a camper's behavior continues, parents will be notified to discuss next steps.

### Examples of unacceptable behavior:

- Refusing to follow behavior guidelines or camp rules.
- Using profanity, vulgarity or obscenity.
- Stealing or damaging property (personal or camp property).
- Refusal to participate in activities or cooperate with staff.
- Disrupting a program.
- Leaving a program without permission.
- Endangering the health and safety of children and/or staff.
- Use of illicit drugs, alcohol or tobacco or sexual conduct of any kind.
- Teasing, making fun or bullying of other campers or staff.
- Hitting or Fighting of any kind (this includes the hitting of Staff or C.I.T's)

## NEXT STEPS

1. The first (1st) time one of the behavior guidelines are not met, the camper will be suspended from the Summer Program for **one** day after the incident has occurred.
1. The second (2nd) time one of the behavior guidelines are not met, the camper will be suspended from the Summer Program for **one week** (5 days) after the incident has occurred.
1. The third (3rd) time one of the behavior guidelines are not met, the camper will be suspended from the Summer Program for **the duration of the Summer Program** after the incident has occurred.

Please note that it is our goal to support the needs of each individual family, as well as the overall support of the camp. Due to the high volume of off-site field trips, Camp Management must reinforce the above next steps to ensure the safety of all program participants in the short 10-week summer program that we offer.

Camper fees are non-refundable if a camper is sent home for disciplinary reasons. Bullying or physical violence towards any staff or towards another camper may result in immediate dismissal from the camp program for the duration of the summer. All situations are subjective and will be handled accordingly per the Camp Management's discretion.



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**EMBARCADERO YMCA**  
169 Steuart Street  
San Francisco, CA 94105  
(415) 957-9622  
[www.ymcasf.org/embarcadero](http://www.ymcasf.org/embarcadero)

**CONTACT**

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Director of Treasure Island YMCA  
and Youth Programs  
(415) 615-1304  
[slewis@ymcasf.org](mailto:slewis@ymcasf.org)

Carlos Calamateo  
Camp Manager  
(415) 305-0673  
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