



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GET FIT WITH ZUMBA TONING

Health and Wellness  
STONESTOWN FAMILY YMCA

## Description

Starting in February 2011, Abril will be teaching Zumba® Toning! If you love Zumba®, then you won't want to miss this class! Toning sticks are recommended but not required.

Date: 1st Wednesdays of the month, starting in February 2011

Time: 6:30 PM

Location: Stonestown Family YMCA - Gym

## Contact

For more information, please contact:

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