

Stonestown Family YMCA Member Newsletter

SEPTEMBER 2010



Annual Giving Campaign 2010

Kicking off on the 23rd, we will work with more than 100 YMCA volunteers to raise \$155,000 in support of our After School, Summer Camp, and Y-Adult programs.

Throughout the 6 weeks of the Annual Giving Campaign, you can expect to see the building filled with YMCA stories and volunteers eager to get you involved.

Your involvement can be making a donation, joining our volunteer program to help raise funds, or even stopping to read a Y-story in our facility.

We encourage your involvement because at the YMCA, we believe that lasting personal and social change can only come about when we all work together to invest in our kids, our health, and our community.

Every day, we work side by side with our neighbors to make sure that everyone, regardless of age, income, or background, has the opportunity to learn, grow, and thrive!

To get involved with the Annual Giving Campaign, please contact Erin Reedy at ereedy@ymcasf.org or call (415) 242-7130.

Your donation will strengthen the foundation of your community by enriching the lives of your neighbors.



"I was bored, lonely, and frustrated after my husband died. My daughter suggested I come here to volunteer and exercise and it was the best thing she could have done for me. I love to volunteer here because it gives me satisfaction. I even brought in more volunteers. I love seeing the people here and I feel that I would be lost without them. The Stonestown Family YMCA is my 2nd home."

-Senior Center Participant and Volunteer

"The Stonestown Family YMCA Summer Day Camp is a huge help for me. I work everyday and I'm glad that my girls didn't have to sit at home all summer. They were able to get out and stay active because of the YMCA. My daughters loved everyday of camp. They would come home and tell me about all the fun activities and exciting places they went to. Thank you very much for everything - I am grateful for the financial assistance that made this possible for my girls."

-Angelie, Summer Day Camp parent

"My children have grown and flourished from the diverse experiences they've had at the Stonestown Family YMCA Camp. I am always amazed at how sensitive the counselors are to my children's needs. They give children choices and help them try new things. The YMCA appreciates and recognizes each child's special gift and always makes my children feel included. Each of my children has become more independent, confident, and responsible because of YMCA programs. Most of all, my kids now have lasting memories and friendships because of the YMCA."

- Parent of a YMCA Camper

"I am a single, working grandmother and I need a safe, fun place for my grandson to be during the summer. My grandson LOVES the program because it is FUN! What he doesn't know is that Summer Day Camp is also educational (BUT PLEASE DON'T TELL HIM!!). I am free to go to work without worry, and my grandson has a fun summer. He is already looking forward to next summer and hopes that one day he'll be a camp counselor. Thank you Stonestown Family YMCA. Our lives wouldn't be the same without you."

-Karen, Grandparent of a Summer Day Camper

Upcoming Dates and Events

Holiday Hours - Labor Day

Monday, September 6th
8:00AM - 2:00PM

Family Swim Nights

Friday, September 3rd
6:30PM - 8:00PM

Friday, September 17th
6:30PM - 8:00PM

Date Night

Friday, September 10th
6:00PM - 11:00PM

Movie Night

Friday, September 24th
6:30PM - 8:00PM

Mission Impact: After School Youth Sports



The After School Youth Sports program was designed 3 years ago to serve students who attend our after school programs. We provide a safe and structured environment for children to participate in athletics!

Four times throughout the school year, students participate in 8-week long sessions in each of the following sports: basketball, football, soccer and street hockey.

Participants practice once a week and head to neutral locations within the city to compete against each other.

This program is free, and the Stonestown Family YMCA even provides transportation to and from schools! Last year, over 650 kids were able to participate in After School Youth Sports, providing them with a basic introduction to each activity.

The Stonestown Family YMCA looks forward to another fun and exciting year of After School Youth Sports.

"It is a place where my daughter is safe and has lots of fun. She learns new things and most of all, she is happy when she is there. Thank you very much for offering this wonderful program to us!"

-Juanita

For more information, please contact Stacy Delfosse at sdelfosse@ymcasf.org or call (415) 242-7144.

Y-Volunteer: Brandon Zhen



Brandon Zhen volunteered at the Stonestown Family YMCA during the summer of 2010.

From the beginning, Brandon enjoyed working in the facility's back patio and taking care of the plants.

Because of his passion for gardening, Brandon was given the task to re-plant and beautify the Stonestown Family YMCA garden. After weeks of hard work, the garden is now filled with beautiful flowers and a great place for members to hang out!

We thank Brandon for his service and wish him all the best for the next school year. Brandon is a junior at Abraham Lincoln High School in San Francisco.