

Women's Weekend Getaway @ YMCA Camp Jones Gulch

May 14 – 16, 2010



Join us for a weekend of fun and relaxation, grab your friends and spend the weekend in the beautiful redwoods...

Weekend Schedule

Friday, May 14th

5:00 p m – 10:00 pm: Check-in@ the Camp office, proceed to Redwood Hall to sign up for workshops, move in to cabins.

6:30 - 7:30 pm: Dinner

7:30 - 8:00 pm: Orientation & Icebreakers

8:00 - 10:00 pm: Wine tasting and line dancing

Saturday, May 15th

7:00 am: Early Morning Activities – Yoga, Sunset Pass Hike

8:00 - 9: 00 am: Breakfast

9:00 - 9:30 am: Opening Session

9:45 - 11:00 am: Session 1

11:15 am - 12:30 pm: Session 2

12:30 - 1:30 pm: Lunch

1:30 - 2:00 pm: Free Time

2:00 - 3:15 pm: Session 3

3:30 - 4:45 pm: Session 4

4:45 - 6:00 pm: Free time

6:00 - 7:00 pm: Dinner

8:00 - 10:00 pm: Coffee House: music and dessert bar

Sunday, May 16th

7:00 am: Early Morning Activities – Buckeye Grove Hike

8:00 - 9: 00 am: Breakfast

9:00 - 10:15am: Session 5

10:30 - 12:30 pm: Drumming Up Diva – Women’s Empowerment Drum Circle

12:30 pm: Lunch

1:30 pm: Depart camp

Scheduled activities may change with notice.

Facility Information

YMCA Camp Jones Gulch is a camp and conference center is located in the Santa Cruz Mountains, outside the town of La Honda. Some cabins have an attached bathroom, while others have fully renovated bath houses just steps away from the cabins.

Meals are served buffet style in our Redwood Dining Hall.

Age Restrictions

This weekend is designed for adults. Participants must be at least 18 years old to register.

Special Needs

We will make reasonable efforts to accommodate special needs. Please include a letter with your registration form describing any special needs you may have.

Registration Information

Registration fee is \$195 per person. The fee includes 2 nights lodging, 6 meals, workshops, activities and special events. (A *commuter rate of \$95 excludes lodging. Ropes course and massage require an additional fee.*)

The Registration deadline is May 1, 2010. Registrations will be accepted after the deadline if space is available. After this deadline, please call before submitting your registration to determine availability.

Questions?

Contact Lorraine Eberhardt or Sarah Schneider @ 650-747-1200
YMCA Camp Jones Gulch
11000 Pescadero Road
La Honda, CA 94020
www.campjonesgulch.org

Women's Weekend Getaway 2010 Registration Form

Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Daytime phone: (____) _____ Evening or cell phone: (____) _____

Email address: _____ Date of Birth: _____

- T-Shirt size: (circle one) S M L XL 2XL
- Vegetarian Meals: yes no
- Would you like to purchase a Women's Weekend hooded sweatshirt for \$28?
 yes no If yes, please circle one of the following sizes: S M L XL 2XL
- For planning purposes, would you be interested in booking a massage for an additional fee?
 yes no

Payment Information

Registration Fee – FULL: \$195 per person **includes 2 nights lodging* \$ _____

OR – COMMUTER: \$95 per person **excludes lodging* \$ _____

Hooded Sweatshirt (optional) \$28 per person: \$ _____

Ropes course (optional) \$25 per person: \$ _____

Are you a current YMCA Member?

If Yes, please provide your branch name and membership number:

If No, add \$15 for a temporary membership **Or** \$40 for a YMCA Camp Jones Gulch

Annual Family Program Membership: \$ _____

TOTAL COST: \$ _____

TOTAL PAID TODAY: A deposit of \$100 is due with your registration..... \$ _____

BALANCE DUE: \$ _____

Note: All fees are due by Friday April 16th. A deposit must be received for registration to be processed. Registration is subject to delay if forms are not complete and/or deposit is not included. If your balance is not paid by April 16th, we will charge your credit card on file for the balance.

Enclosed is my check payable to YMCA Camp Jones Gulch

Charge my credit card Name on card: _____

Card number: _____ Exp. Date: _____

Cardholder Signature: _____

Cancellation Policy

All deposits are non-refundable and non-transferable. All cancellations or changes to registrations must be submitted in writing. Any cancellation less than 3 weeks prior to the event will result in a refund of 50% of the registration fee less the deposit. 25% of the registration fee less the deposit will be given with less than 1 week notice. If you do not show up for the weekend without notice, there will be no refund given.

I agree and accept the conditions set forth in the cancellation policy. *(signature required)*

Signature & date: _____

Cabin Mate Information

Please list the names of the people you would like to be in the same cabin with and list their names below (up to 10 people max):

- 1. _____ 2. _____ 3. _____
- 4. _____ 5. _____

We will assign you to the same cabin if one is available. However, if all of our cabins are reserved by the time we receive your registration forms; we will make assignments based on availability.

Groups of 5 or more must register and mail all the forms together to receive the 10% discount

This is your chance to share information or make special requests regarding your stay:

Send registration forms, information requests and payment to:

YMCA Camp Jones Gulch
 11000 Pescadero Road
 La Honda, CA 94020
 Fax: 650-747-0986
info@campjonesgulch.org

<p><i>Office use only:</i></p> <p>Date rec'd: _____ Confirmation Sent: _____ Check #: _____ Staff discount: _____ Group discount: _____</p>
