

Women's Weekend Getaway

May 14 – 16, 2010

@ YMCA Camp Jones Gulch



*Join us for a weekend of
fun.....*

*Indulge your inner child, grab your
friends and escape for a gal's only
weekend in the beautiful redwoods!*

Program Highlights:

From Friday evening to Sunday afternoon, enjoy a full schedule of activities devoted to enriching your spirit, mind and body. Choose to participate in a sunrise hike, get creative @ the crafts lodge, learn to line dance, treat yourself to a massage*, and much more.....

You will also have the opportunity to canoe on our pond, try your hand @ archery, ride the zip line, or climb our 42' climbing tower. Take this opportunity to indulge yourself to the extent you desire and to nurture and tend to your personal well being.

We have a few surprises planned for the weekend that you just won't want to miss! Come spend time with old friends, make new ones and relax.

Food & Lodging:

Nutritious & delicious meals are served buffet style in our Redwood Hall; beginning with Friday dinner and ending with Sunday lunch. Vegetarian options are always available.

Our rustic, but comfortable dormitory style cabins have heat, electricity, and sleep 12 per cabin. Our fully renovated bath houses are just a short walk away. All participants will be assigned to a cabin with @ least 6 other participants. Better yet..... bring your friends and fill a cabin!

Fees:

The cost for the weekend is \$195.00 per person. Your registration fee includes 2 nights lodging, meals & snacks, workshops, activities and special events. *Massages are an additional fee and payable to the massage therapist.

Registration is limited and cabins are assigned on a first come first serve basis. A non-refundable deposit of \$100.00 is required to reserve your space. The balance is due prior to arrival. Groups of 5 or more must register and mail their forms together to receive a 10% discount.

Once your registration is processed, we will send you a detailed schedule, what to bring list, and directions to camp.

Questions? Give us a call @ 650-747-1200, email @ info@campjonesgulch.org

Or check us out @ www.campjonesgulch.org