

# YGYM SCHEDULE

## PRESIDIO YMCA MAIN POST BASKETBALL COURT SCHEDULE MARCH - APRIL 2008

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
6:00AM	OPEN COURTS	OPEN COURTS	OPEN COURTS	OPEN COURTS	OPEN COURTS			
6:30AM	Court A Court B	Court A <b>BOOT CAMP</b> 6:00-7:00 AM (Court B)	Court A Court B	Court A <b>BOOT CAMP</b> 6:00-7:00 AM (Court B)	Court A Court B			7:00AM
7:00AM						OPEN COURTS	OPEN COURTS	7:30AM
7:30AM						Court A Court B	Court A Court B	8:00AM
8:00AM								8:30AM
8:30AM		<b>GROUP EXERCISE</b>		<b>GROUP EXERCISE</b>		<b>ADULT PICK-UP BASKETBALL</b>	<b>ADULT PICK-UP BASKETBALL</b>	9:00AM
9:00AM		8:30 AM - 10:30 AM	<b>GROUP EXERCISE</b>	8:30 AM - 10:30 AM		9:00 AM - 11:00 AM (Full Court)	8:30-11:30AM (Court A)	9:30AM
9:30AM	<b>GROUP EXERCISE</b>		9:00 AM - 10:00 AM			<b>Basketball Court CLOSED</b>	OPEN COURT	10:00AM
10:00AM	9:30 AM - 10:30 AM		<b>Basketball Court Closed</b>				8:30-11:30AM (Court B)	10:30AM
10:30AM	<b>Basketball Court Closed</b>	<b>Basketball Court Closed</b>	OPEN COURTS	<b>Basketball Court Closed</b>				11:00AM
11:00AM	OPEN COURTS	OPEN COURTS	Court A Court B	OPEN COURTS		OPEN COURTS	OPEN COURT	11:30AM
11:30AM	Court A Court B	Court A Court B		Court A Court B		Court A Court B	Court A	12:00PM
12:00PM		<b>ADULT PICK-UP BASKETBALL</b>		<b>ADULT PICK-UP BASKETBALL</b>			<b>FAMILY FITNESS</b>	12:30PM
12:30PM		OPEN COURT		OPEN COURT			open play	1:00PM
1:00PM		Noon - 2 PM (Court A)		Noon - 2 PM (Court B)			11:30 - 2 PM (Court B)	1:30PM
1:30PM		Noon - 2 PM (Court B)		Noon - 2 PM (Court A)				2:00PM
2:00PM								2:30PM
2:30PM		OPEN COURTS		OPEN COURTS				3:00PM
3:00PM		Court A Court B		Court A Court B				3:30PM
3:30PM	OPEN COURT		OPEN COURT	OPEN COURT	OPEN COURT			4:00PM
4:00PM	3:30 - 5:00 PM (Court A)		3:30 - 5:00 PM (Court A)	3:30 - 5:00 PM (Court A)	3:30 - 5:00 PM (Court A)	3:30 - 5:00 PM (Court A)		4:30PM
4:30PM	3:30 - 5:00 PM (Court B)		3:30 - 5:00 PM (Court B)	3:30 - 5:00 PM (Court B)	3:30 - 5:00 PM (Court B)	3:30 - 5:00 PM (Court B)		5:00PM
5:00PM	CLOSED		CLOSED	CLOSED	CLOSED			
5:30PM	Court A Court B	Court A Court B		Court A Court B	Court A Court B			5:30PM
6:00PM	Pick-Up Basketball	Pick-Up Basketball		Pick-Up Basketball	Pick-Up Basketball			6:00PM
6:30PM	5:30-10:00 PM (Court A)	5:30-10:00 PM (Court A)		5:30-10:00 PM (Court A)	5:30-10:00 PM (Court A)			6:30PM
7:00PM	OPEN COURT	Pick-Up SOCCER	<b>ADULT BASKETBALL LEAGUE</b>	OPEN COURT	OPEN COURT			CLOSE
7:30PM	5:30 - 10 PM (Court B)	6:00 - 8:00 PM (Court B)	(Full Court)	5:30 - 10 PM (Court B)	5:30 - 10 PM (Court B)			
8:00PM			7:00 PM - 10:00 PM					
8:30PM			<b>Basketball Court CLOSED</b>					
9:00PM								
9:30PM								
CLOSE								

1. GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME.
2. ADULT PICK-UP GAMES. TUESDAY AND THURSDAY-1/2 COURT (COURT 'A') FOR ADULT PICK UP GAMES FROM 12 - 2PM
3. FULL-COURT PLAY IS NOT ALLOWED DURING OPEN GYM HOURS, UNLESS NOTED ON SCHEDULE.
4. INDOOR SOCCER is a pick up program organized by YMCA Members.
5. GROUP EXERCISE CLASSES: SEE MONTHLY SCHEDULES FOR SEASONAL & MONTHLY CLASS/SESSIONS.
6. QUESTIONS: Inquire at MEMBERSHIP DESK, or by calling: 447-9622